

FACULTY OF NURSING
ADICHUNCHANAGIRI
COLLEGE OF NURSING

॥ ज्ञेज्ञे इगं ह्यगुणवेदर ॥



ADICHUNCHANAGIRI
UNIVERSITY



 *Shushrushavani* 
COLD HANDS, WARM HEART...

NEWS LETTER
IMPRESSION OF ACN

JAN-JUNE 2025

www.acnain.in, www.acu.edu.in

WE STANDS FOR SINCERITY TO INTEGRITY

Sincerity

Honesty

Unity

Solidarity

Humble

Responsibility

Uniqueness

Supremacy

Humanity

Advanced

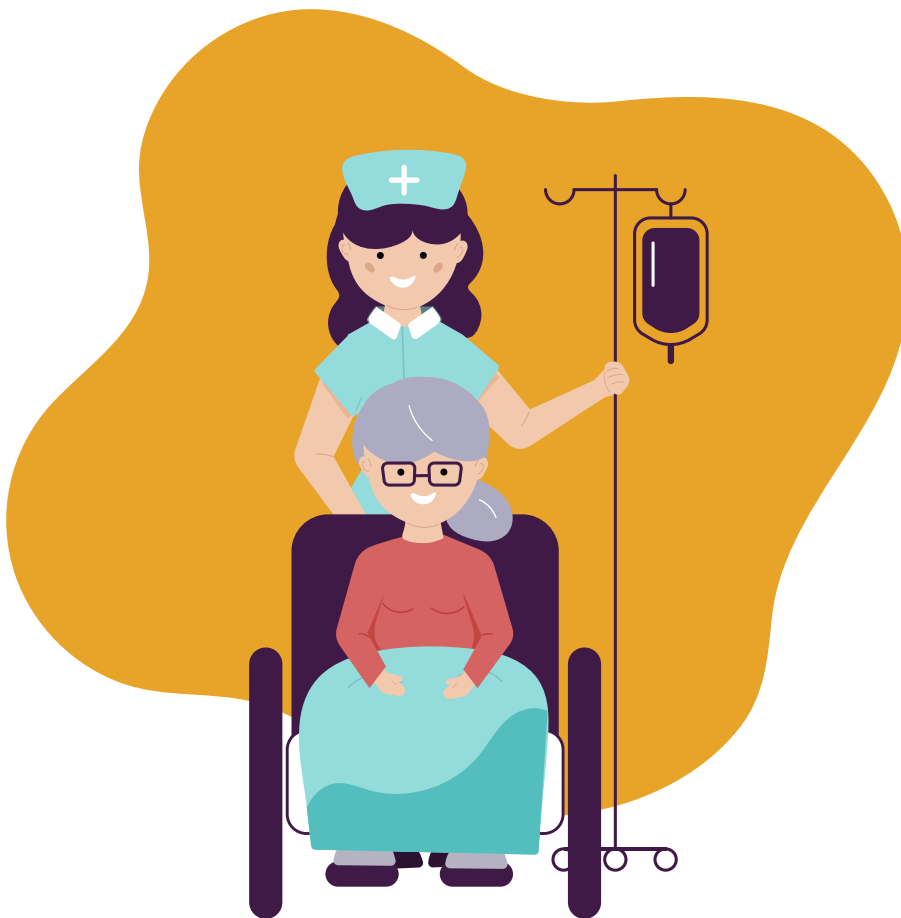
Virtue

Ahead

Avant Garde

Noble

Integrity



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Dean and Principal

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Assistant Professor & Head



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Sri Adichunchanagiri Mahasamsthana Math

Karnataka, Bharat

Sri Adichunchanagiri Mahasamsthana Math, a beacon of spirituality and service with a storied 1800-years legacy, graces the picturesque Sri Adichunchanagiri Hills in Nagamangala Taluk, Karnataka. Rooted in the sacred lineage of Spiritual Masters, initiated by Lord Shiva himself at the culmination of his profound penance, this institution's history is a testament to divine devotion.

In the hallowed tradition of 'Guruparampara,' His Holiness Jagadguru Padmabhushana Puraskrutha Sri Sri Sri Dr. Balagangadharanatha Mahaswamiji assumed the mantle of the 71st Spiritual Head of the Sri Math in 1974, at a youthful age of 30. Since that transformative moment, Sri Math embarked on an extraordinary journey, rapidly advancing its benevolent endeavors. Sri Math's selfless commitment to feeding over twenty thousand people daily has earned it the revered moniker of 'Annadani Math.' Swamiji's tireless efforts have fostered progress, peace, happiness, and harmony among humanity.

Today, under the guidance of the 72nd Pontiff, His Holiness Jagadguru Sri Sri Sri Dr. Nirmalanandanatha Mahaswamiji, the institution continues its sacred mission, following in the footsteps of Sri Sri Sri Dr. Balagangadharanatha Swamiji. Dr. Nirmalanandanatha Mahaswamiji embodies wisdom, benevolence, inclusivity, and universal values, guiding all BGS Educational Institutions, temples, and shrines towards new horizons in this beautiful universe.

Serving Humanity in Nine Limbs of Service (9 "A"s)



FOOD
ANNA



EDUCATION
AKSHARA



HEALTH
AROGYA



SPIRITUALITY
ADHYATHMIKA



SHELTER
ASHRAYA



AFFORESTATION
ARANYA



CATTLE PROTECTION
AAKALU

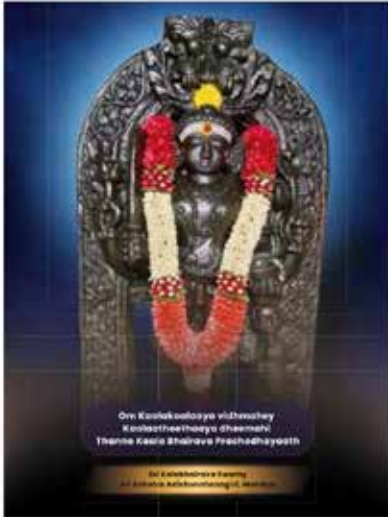


HELPING HANDS
ANUKAMPA



COMMUNITY ORGANIZATION
ANUBANDHA





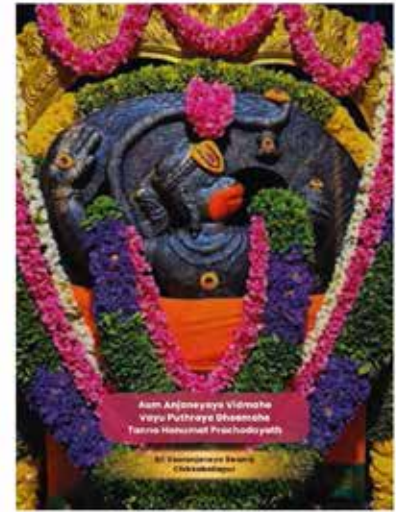
Om Karkatkalayya vidmahy
Karkatkalayya dhamah
Thanna Karkat Kalayya Prachadayath

Sri Kalakshaya Swamy
Sri Kalakshaya Adichunchangali, Mysuru



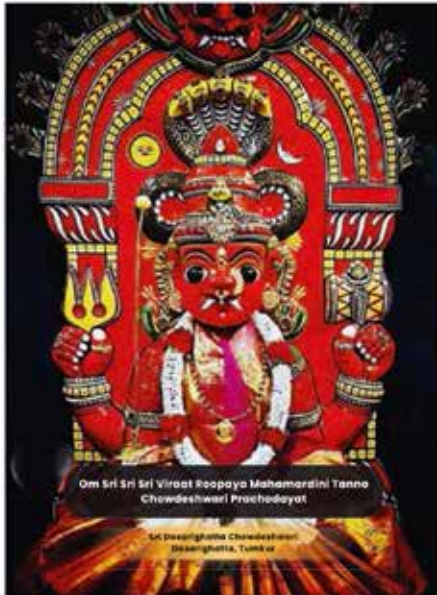
Om Karkatkalayya vidmahy
Karkatkalayya dhamah
Thanna Karkat Kalayya Prachadayath

Sri Kalakshaya Swamy
Sri Kalakshaya Adichunchangali, Mysuru



Om Anjaneyaya Vidmahe
Traya Putraya Dhamaha
Tanna Hanumat Prachadayath

Sri Hanumanth Swamy
Chikhalakoppa



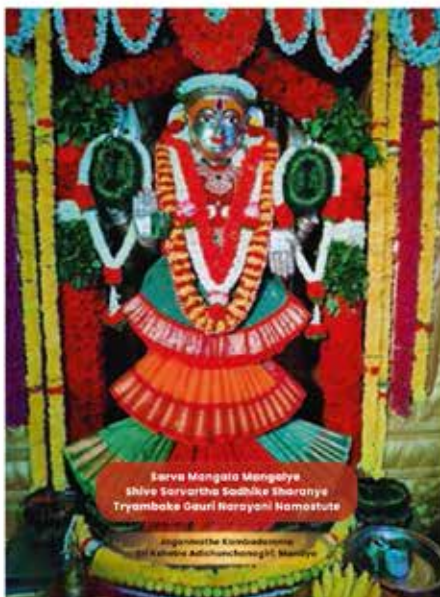
Om Sri Sri Sri Viraat Roopaya Mahamardini Tanno
Chowdeshwari Prachadayat

Sri Desalingtha Chowdeshwari
Desalinghatta, Tumkur



Om Talpureshwari Vidmahe,
Nandikeswari Dhama, Tanna
Vishabhara Prachadayat

Sri Kabbali Sreeveshwara Swamy
Mullikera, Hassan



Sarva Mangala Mangalye
Shive Sarvatha Sabhke Sharanye
Tryambake Gauri Narayani Namostute

Jagannatha Kumbalapuram
Sri Kanne Adichunchangali, Mysuru



Om Talpureshwari Vidmahe,
Nandikeswari Dhama, Tanna
Vishabhara Prachadayat

Sri Kabbali Sreeveshwara Swamy
Mullikera, Hassan

Sri Adichunchanagiri Shikshana Trust® Karnataka, Bharat

The Sri Adichunchanagiri Shikshana Trust®, under the Presidentship of the current spiritual leader, His Holiness Jagadguru Sri Sri Sri Dr. Nirmalanandanatha Mahaswamiji, has been dedicated to the establishment and management of various educational institutions. These institutions cover a wide array of fields, including **General Education (Lower Primary, Upper Primary & High School), Pre-University Education, Diploma, Industrial Training, Science Education, Medical, Nursing, Pharmacy, Ayurvedic, Engineering, Architecture, Management and Fashion Design Education among others.**

With a commitment spanning over four decades, the Trust manages more than 500 educational institutions, including Special Schools for the Blind, Deaf & Dumb. These institutions collectively enroll over 150,000 students annually. Notably, many of these establishments are located in rural areas of Karnataka, Salem, and Erode districts of Tamil Nadu, Tirupathi in Andhra Pradesh, Noida, and New Delhi. This distribution serves to provide valuable educational opportunities to rural populations, contributing significantly to the advancement of education in these regions.

One of the notable accomplishments of the Trust is the establishment of Adichunchanagiri University, a Multi-Disciplinary State Private University, which was founded in the year 2018. These institutions under the Sri Adichunchanagiri Shikshana Trust® have consistently maintained excellence in their respective domains over the years.

The Trust's focus on education, research, and service to humanity at large underscores its commitment to not only academic excellence but also the betterment of society by providing accessible and high-quality education to diverse populations.



500+
Educational Institutions

150K+
Students getting Education

25K+
Students Graduating Every Year

20K+
Teachers in Shaping up the Future

500K+
Alumni as a prominent presence



|| Jai Sri Gurudev ||

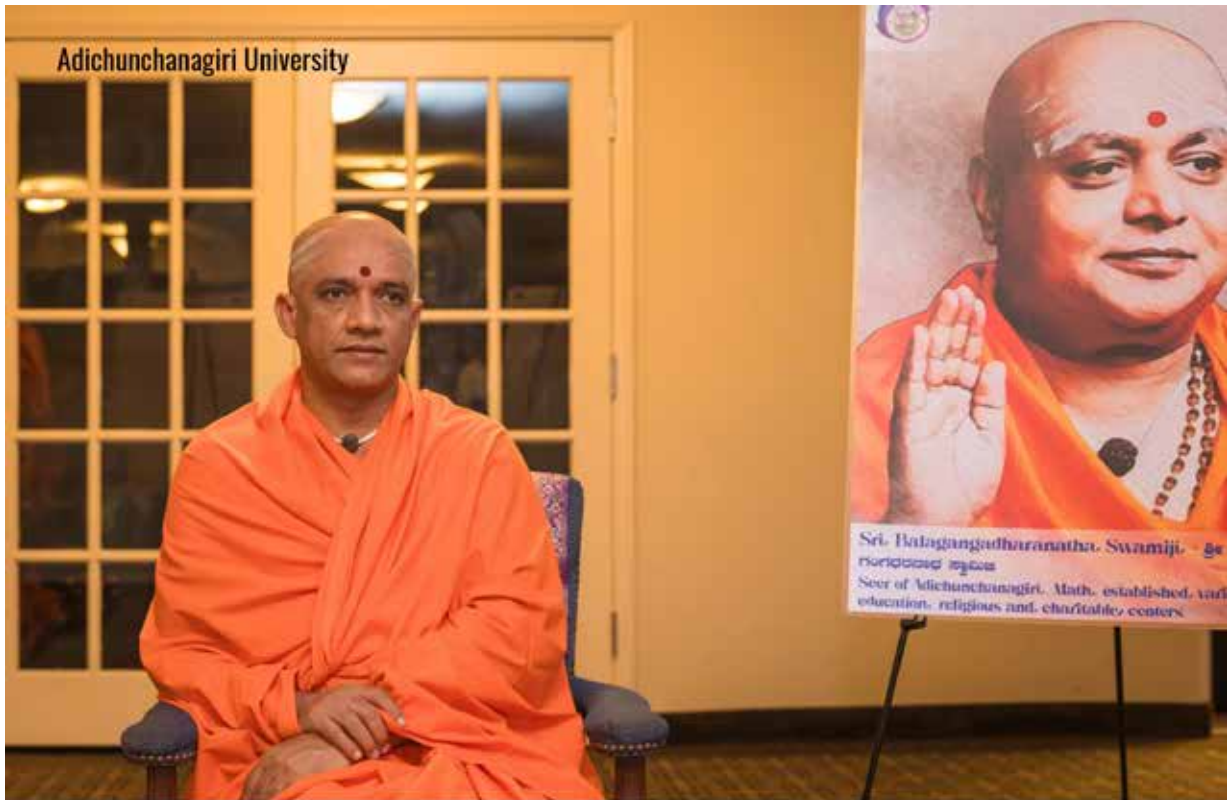


Sri Sri Sri Dr. Balagangadharanatha Mahaswamiji assumed the holy chair of Sri Adichunchanagiri Mahasamsthana Math in 1974. Poojya Mahaswamiji was truly an enlightened soul. He treated all the people alike without discriminating on the basis of caste, creed, gender or social status. His approach towards handling different problems was truly scientific and logical. He implicitly understood the importance of education to the masses in alleviation of poverty.

Poojya Mahaswamiji was a great visionary with a perfect blend of science and spirituality. He was primarily instrumental in establishing Sri Adichunchanagiri Shikshana Trust that runs more than 500+ Educational institutions catering for about 130000 students across the country to impart quality education from primary to Professional Courses with a special focus on young people of semi-urban and rural areas.

Mahaswamiji had a vision of serving the humanity in eight fold areas of Adhyathmika (Spirituality), Anna (Free Food), Akshara (Knowledge), Arogya (Health), Ashraya (Shelter), Anukampa (Helping Hands), Aranya (Afforestation), Akalu (Cattle Protection) was exemplary and noteworthy.

He was rewarded and conferred with innumerable titles for his services in the field of Education, Health, Spiritual, Moral, Social, Cultural and Environmental activities. Most prominent among them are "Padma Bhushan, Doctor Honoris Causa, Saadhanaacharya, Akshaya Santha Sanatana, Dharmarathna, Seva Soorya, Vidya Samrat, Parisara Rathna, Abhinava Vivekananda, Rashtriya Ekatha Prashasthi" and so on.



|| Jai Sri Gurudev ||

Continuing the Legacy of Enlightenment and Service

His Holiness Jagadguru Sri Dr. Nirmalanandanatha Mahaswamiji anointed as the 72nd Pontiff of Adichunchanagiri Mahasamsthana Math as successor to his Guru, Sri Sri Sri Dr. Balagangadharanatha Mahaswamiji in the year 2013.

Poojya Mahaswamiji, unlike many other youngsters, had an inclination towards Spirituality, Science and Service rather than Materialism. He adapted an ascetic life in 1998 and underwent formal training in the traditional knowledge systems. His unquenchable thirst for knowledge is evident from his attitude in conferences and functions wherein he listens to the discourses on Vedas, Upanishads and other Shastras like an eager young student.

Poojya Mahaswamiji, aided by his educational background and interest in Engineering has incorporated Modern Technologies and revolutionized the functioning of all the Institutions of Shikshana Trust. He has taken up the initiative of introducing a computerized working environment in all the Academic and Administrative activities of the institutions.

The Vision of Poojya Mahaswamiji is to follow the footsteps of his Guru, working tirelessly to "Preserve, Promote, Pursue and Progress with Passion in the Path of his Patriarch". His Holiness was conferred with "Doctor Honoris Causa" (Honorary Doctor of Science) by the University of Mysore, Karnataka in 2016.

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ADICHUNCHANAGIRI
UNIVERSITY



"Be a Lifelong Learner in order for Yourself to
Gain Respect and Acceptance from others."

His Holiness Jagadguru

Sri Sri Sri Dr. Nirmalanandanatha Mahaswamiji

Honorable Chancellor, Adichunchanagiri University



ADICHUNCHANAGIRI
UNIVERSITY

|| श्री श्री गुरुभ्यो ||



"The Mindful Discipline of Students creates Self Efficacy and a Flexible Cognitive State to Achieve Greater Academic Outcomes and Success."

His Holiness Jagadguru

Sri Sri Sri Dr. Nirmalanandanatha Mahaswamiji

Honorable Chancellor, Adichunchanagiri University

Adichunchanagiri University

THE LEADING NAME IN ACADEMIA

**Empowering transformation through Education,
Research, and Community involvement**



Faculty of Medical & Allied Health Sciences
Faculty of Pharmacy
Faculty of Nursing
Faculty of Engineering, Management & Technology
Faculty of Humanities & Social Sciences
Faculty of Natural Sciences



ADICHUNCHANAGIRI
UNIVERSITY

OUR VISION

Education for all with Value Systems of Equity, Empathy, Enrichment, Excellence, Empowerment, Entrepreneurship and Enlightenment to Serve the Society.

OUR MISSION

- Education to all for self-reliance and socio-economic change to develop an inclusive society with shared opportunities and responsibilities.
- Empathy towards the less fortunate, the sick, the suffering and the differently abled.
- Enrichment to acquire abundant knowledge, requisite skills and appropriate attitude.
- Excellence for quality assurance, enhancement and sustenance in academics and research to produce graduates of global standards.
- Equity for fairness and social justice by providing equal opportunities. Empowerment of graduates to become intuitive, innovative and inventive.
- Entrepreneurship for a concept or idea involving the product or service to be delivered, or a new technology to be developed.
- Enlightenment to attain wisdom and virtues in life to think beyond self.



HELPING STUDENTS TO GROW BETTER TOGETHER

OUR PHILOSOPHY

Adichunchanagiri University, we believe in holistic education that nurtures the mind, body, and spirit, fostering a balanced development for societal and personal growth.

OUR PRINCIPLE

Our core principles revolve around integrity, inclusivity, and innovation – ensuring a learning environment that respects diversity and encourages forward-thinking.

OUR KEY OF SUCCESS

Our success is anchored in continuous learning and community engagement, where academic excellence meets social responsibility to create impactful global citizens.



ADICHUNCHANAGIRI
UNIVERSITY

Adichunchanagiri University (ACU) is a State Private University located in B.G. Nagara, Karnataka, established in 2018 under the Sri Adichunchanagiri Mahasamsthana Math. The university is guided by a spiritual legacy that spans over 1800 years and is rooted in a tradition of education and social service. It was founded by the revered Jagadguru Sri Sri Sri Dr. Balagangadharanatha Mahaswamiji, the 71st Pontiff and the chairman of Sri Adichunchanagiri Shikshana Trust.

<https://acu.edu.in>



Adichunchanagiri University

Back to nature make the Future..

4000+ Trees

The University is nestled in a verdant expanse of 67.3 acres at B.G. Nagara, Nagamangala Tq., in Mandya District of Karnataka. Located on the Bangalore – Mangalore National Highway No. 75, it is just 105 km from Bangalore, the state's capital. This unitary campus is renowned for its lush greenery.

Encompassing a lush and eco-friendly campus, the university showcases sustainability with over 4,000 trees and rooftop solarization. A commitment to green energy further underlines the institution's dedication to environmental responsibility.

Demonstrating environmental consciousness, the campus is plastic-free, battery-operated buggies and BI-cycles contribute to the institution's green initiative.

The campus embraces alternate energy sources with 8 solar units generating 700 kW and a 300 kg capacity Biogas plant for food waste management. Water conservation is prioritised with a 750 KLD sewage water treatment plant and 17 RO, 500 LPH water purification plants.

DISCOVER EXCELLENCE AT ADICHUNCHANAGIRI UNIVERSITY



The university integrates the Choice-Based Credit System (CBCS) into 60 programs, offering 1382 courses, including 850 interdisciplinary options, fostering academic flexibility and a multidisciplinary learning environment.



Faculty of Engineering, Management & Technology

BGS Institute of Technology

Faculty of Medical & Allied Health Sciences

Adichunchanagiri Institute of Medical Sciences (AIMS)

Adichunchanagiri School of Allied Health Sciences

BGS MCH Hospital

Faculty of Pharmacy

Sri Adichunchanagiri College of Pharmacy

Faculty of Nursing

Adichunchanagiri College of Nursing

BGS Nursing Sciences

Faculty of Humanities and Social Sciences

BGS First Grade College

BGS College of Education

Faculty of Natural Sciences

Adichunchanagiri School of Natural Sciences



॥ ज्ञानं इत्येव ब्रह्मण्यदेवता ॥



ADICHUNCHANAGIRI UNIVERSITY

"The whole **Purpose of Education** at ACU is to
turn Mirrors into Windows"

Inclusive Excellence

We educate over **4974+** students, **80% from country backgrounds** and **58% female**. We offer **scholarships exceeding ₹2 crore** annually to ensure accessibility.

Unmatched Breadth & Depth

Explore **60+** programs, **1362 courses**, and a staggering **850 interdisciplinary options**. Gain valuable skills through **136+ Value Added Courses**.

Award-Winning Faculty

Learn from the best. Over **110+ faculty members** hold **National / International Awards**, and **54+** have authored **Books / Book Chapters**.

Cutting-Edge Research

Be a part of ground-breaking research at our dedicated centers like **ACU-Centre for Research and Innovation**, **Adichunchanagiri Institute for Molecular Medicine**, and more.

Entrepreneurial Spirit

We nurture future leaders. The **Adichunchanagiri Centre for Entrepreneurs (ACE)** equips you with the **skills to thrive in the business world**.

Social Responsibility

We believe in giving back. We've **adopted 11 government schools** to enhance academic excellence and empower communities.

Industry-Ready Graduates

92% of our students land jobs at the best organizations in their industries.

Enlightenment

Providing opportunities for **Spiritual Development** through **Yoga, Meditation, and Community Service Activities**

Accreditation and Recognition



Find **Your Purpose**

Find **Yourself**

Join **Adichunchanagiri University**



Adichunchanagiri University



DR. S.N. SRIDHARA
The Vice Chancellor



**ADICHUNCHANAGIRI
UNIVERSITY**

**WE ARE
PIONEERS**

**AND ROLE
MODELS**

**IN EVERY
RESPECT**

Dr. B Ramesh
Dean - Academics & Accreditation



Dr. C K Subbaraya
Registrar



॥ ज्ञेवो इतो ह्युपपदेत् ॥



Faculty of Nursing
Adichunchanagiri College of Nursing

'सा विद्या या विमुक्तये' | "sā vidyā yā vimuktaye"

Knowledge or Vidya
gives Power, Pleasure & Honor.

Both Science and Spirituality enrich us
with knowledge, which is superior
& lead us to liberation.

Liberation from Physical, Mental & External
Bonds is attained through the control of
external nature with the help of science;
while liberation from Internal Bonds is
attained through Ethics and Religion.

Sā vidyā yā vimuktaye
that which liberates is knowledge

Adichunchanagiri University

FACULTIES - FOSTERING THE FUTURE..

4974
STUDENTS

60
PROGRAMS

481
FACULTIES

1,118
NON-TEACHING STAF

~ 2 CRORE RUPEES
SCHOLARSHIPS EVERY AY

1 MENTOR FOR EVERY 12 STUDENTS
FACULTY-TO- STUDENT RATIO OF 1:10

1382 courses and 850 interdisciplinary options

136 Value Added Courses (VAC) implemented over the past five years,
benefiting 18,905 students

110

**Faculty members received National/International
awards/recognitions**

54

**Faculty members being
authors for 109 Books/Book Chapters**



Highlights of ACN

Adichunchanagiri College of Nursing (ACN) was started in the year 1995 with the fore sight and vision of His Holiness Sri Sri Sri Dr. Balagangadharanatha Mahaswamiji to prepare professional nurses in order to improve standards of nursing service through quality education. It is affiliated under Adichunchanagiri University (ACU). B G Nagara (Formerly with Rajiv Gandhi University of Health Sciences, Karnataka till 2018).

With the divine leadership and blessings of Sri Sri Sri Dr. Nirmalanandanatha Mahaswamiji, the honourable chancellor of ACU. We have grown to be one among the largest nursing institution in the country and the best in the state of Karnataka, by providing value-based education in the last 27 years. The college has recognition from both apex bodies - Karnataka Nursing Council & Indian Nursing Council.

College comprises highly qualified and competent teachers, good physical infrastructure, Library facilities and most importantly 1150 bedded multi-speciality teaching hospital.

Nursing students do have benefit of contributions from interdisciplinary teaching faculty and ample opportunity for extra- curricular activities as university has excellent facilities for the same. We are proud to say that all our alumni's are on job in various hospitals and nursing institutes within Karnataka state and surrounding states and also various countries.



Programmes Offered

DIPLOMA IN NURSING

GNM (General Nursing and Midwifery)

Duration: 03 Years

Eligibility: PUC/10+2 Pass

BACHELOR IN NURSING

B. Sc Nursing

Duration: 04 Year (8 Semesters)

Eligibility: PUC/10+2 Pass in Science (PCMB only)

POST BASIC B. SC NURSING

Duration: 02 Year

Eligibility: GNM Pass

MASTER OF NURSING

M. Sc Nursing

- Community Health Nursing
- Medical Surgical Nursing
- OBG Nursing
- Child Health (Paediatric) Nursing
- Mental Health (Psychiatric) Nursing

Duration: 02 Year

Eligibility: B.S c Nursing or Post Basic B. Sc Nursing Pass

Ph.D Nursing Programme

Duration

Full Time: 3 Years

Part Time: Max. 3 Years

Vision

Achieve excellence by fostering value-based education to develop competent nurses and leaders with a global outlook.

Mission

- Provide high quality nursing education with a broad theoretical base and diverse clinical experience that enhances the individual to become a good nurse in professional practice.
 - Advance health care through excellence in nursing and inter disciplinary teaching, research, practice and service.
-

Programme Educational Objectives

- To apply knowledge and critical thinking skills and ethical principles in evidence-based nursing practice.
- To prepare competent nursing professionals with human values to provide quality nursing care globally.
- To demonstrate effective communication, leadership and decision-making abilities and Managerial skills in providing quality nursing care in various health care settings.
- To practice promotive, preventive, curative and restorative health care services adhering to ethical values.
- To demonstrate a comprehensive and advanced understanding of nursing practice's core issues and knowledge bases.

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ADICHUNCHANAGIRI
UNIVERSITY



40th
Rank
(National)



Faculty of Nursing
Adichunchanagiri College of Nursing
BGS Institute of Nursing Sciences



SALIENT FEATURES

- 1500 Bedded Parent Teaching Hospital
- On Campus Multi & Super Specialty Hospital
- One International and One National MoU's for collaborative activities
- Training and Placement Cell
- Guest Lecturers by Eminent Personalities from clinicals/academics
- Extension/Community outreach activities
- Well established NSS Unit.

PROGRAMS & COURSES OFFERED

Diploma in Nursing
B. Sc. Nursing
M. Sc. Nursing
Ph. D. Nursing
Certificate Courses

FACILITIES



Institution Headed by
Prof. Victoria Sarvand

Dean Faculty of Nursing, ACU
Principal, Adichunchanagiri College of Nursing



Institution Headed by
Dr. Komala H. K.

Principal,
BGS Institute of Nursing Sciences

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Adichunchanagiri Hospital

Adichunchanagiri Hospital and Research Center was started as a teaching hospital attached to Adichunchanagiri Institute of Medical Sciences in the year 1990, Now it is under Adichunchanagiri University. It was the dream of His Holiness Bairvaikya Padmabushana Sri Sri Sri Dr Balagangadharanatha Mahaswamiji to build a hospital in the rural area of Javarannahalli to provide the state of the art medical services under one roof to the rural population around this place.

This hospital started as a 300 bed hospital in 1990, now it has increased upto 1200 bed Hospital with all facilities to provide the best of the care to the patient. 13 broad specialties along with round the clock Emergency services, Laboratory & Radiology Diagnostic services. Ambulance services, ICU services, Pharmacy & blood bank facility.

The hospital provides teaching facility to medical students, Nursing students, Pharmacy and Paramedical students. The excellent clinical materials with an average daily outpatient of around 1000 numbers and inpatient of around 500 - 600, which help the students for better clinical exposure.

As a part of integrated medical treatment, a state of the art Panchakarma unit is also started providing the service to the needy.

Adichunchanagiri Super Specialty Hospital

Our Present Swamiji His Holiness Sri Sri Sri Dr Nirmalanandanatha Mahaswamiji has taken this institute to a new height. In order to fulfil the dreams of Sri Sri Sri Dr Balagangadharanatha Mahaswamiji to provide health care under one roof. He has started Adichunchanagiri Super Specialty Hospital which caters the services in the various super specialties. The department of Neurosurgery was established keeping in mind the number of road traffic accident victims on the Bengaluru-Mangaluru highway. The department is working round the clock to provide services immediately to the patients of RTA and has saved hundreds of lives. Apart from RTA it also provides Surgical services to stroke, tumors, spinal problems and other Neurosurgical patients. The plastic surgery department is doing a lot of Reconstructive surgeries with highly skilled staff and also burns victims in collaboration with Agni Raksha an NGO working for burns victims. The super Specialty hospital also provides the services in the super specialty of Urology, Nephrology, Surgical, Medical & Radiation Oncology and Rheumatology. The interventional cardiac services are started in the month of Nov 2022 and is offering round the clock service. The hospital also provides comprehensive diabetes treatment under diabetes care centre.

All services are provided at a very affordable cost and the hospital has the potential to cater service to the people of nearby districts as per the vision of His Holiness Bairvaikya Padmabushana Sri Sri Sri Dr Balagangadharanatha Mahaswamiji and Sri Sri Sri Dr Nirmalanandanatha Mahaswamiji



Adichunchanagiri University



Dr. Shiva Kumar K M
MBBS, MD
Chief of Hospital

Dr. Ravi K S
MBBS, MS, MBA, DHM
Deputy Chief of Hospital



The Jewel of the University

Adichunchanagiri Hospital & Research Centre (AH & RC) was commissioned in 1990 to render healthcare services to the poor and needy. AH & RC serves as teaching hospital to the AIMS and renders medical services in preventive, curative and rehabilitative domains to the rural populace in the region. The hospital is equipped with high-tech equipment & well qualified staff, and has treatment facilities in broad and super specialities.

Special and deep expertise in Neurosurgery, Urology, Cardiology, Oncology, Nephrology, Plastic Surgery, Critical Care...& much more

BEDS

1600

PRACTIONERS

250+

SQ FT

1 Million

Renal Transplants
1000+ Total Staff
Low Mortality Rates

2,00,000+ Out Patients per year
40,000+ Inpatients per year
10,000+ Surgeries per year



FLORENCE NIGHTINGALE

12th May 1820 - 13th Aug 1910



Florence Nightingale OM RRC DStJ was an English social reformer, statistician and the founder of modern nursing. Nightingale came to prominence while serving as a manager and trainer of nurses during the Crimean War, in which she organised care for wounded soldiers at Constantinople. She significantly reduced death rates by improving hygiene and living standards. Nightingale gave nursing a favourable reputation and became an icon of Victorian culture, especially in the persona of "The Lady with the Lamp" making rounds of wounded soldiers at night.

We are celebrating her birthday every year in the name of
"International Nurses Day"
The Florence Nightingale Pledge

I solemnly pledge myself before God and in the presence of this assembly, to pass my life in purity and to practice my profession faithfully.

I will abstain from whatever is deleterious and mischievous, and will not take or knowingly administer any harmful drug.

I will do all in my power to maintain and elevate the standard of my profession, and will hold in confidence all personal matters committed to my keeping and all family affairs coming to my knowledge in the practice of my calling.

With loyalty will I endeavor to aid the physician in his work, and devote myself to the welfare of those committed to my care.



Principal's Message

Prof. Victoria Sarvand

Dean and Principal

It gives me immense pleasure to welcome you to **Adichunchanagiri College of Nursing**, a premier institution committed to excellence in nursing education, research, and service. Established in **1995**, Adichunchanagiri College of Nursing has a long-standing tradition of nurturing competent nursing professionals. Since **2018**, the college has been functioning as a **constituent unit of Adichunchanagiri University**, upholding the university's vision of providing quality education blended with ethical values and social responsibility.

Adichunchanagiri College of Nursing offers **Undergraduate (B.Sc. Nursing)** and Postgraduate (**M.Sc. Nursing**) programs **in all specialties**, designed to prepare competent, compassionate, and skilled nursing professionals who can meet the evolving demands of the healthcare system. Our curriculum is carefully structured to integrate sound theoretical knowledge with extensive clinical exposure, thereby fostering critical thinking, leadership qualities, and evidence-based nursing practice.

One of the greatest strengths of our institution is our parent hospital, **Adichunchanagiri Hospital & Research Centre (AH & RC)**, a **1039-bedded multi-specialty teaching hospital**. This advanced healthcare facility provides our students with rich and diverse clinical learning experiences, ensuring hands-on training across various specialties under the guidance of experienced clinicians and dedicated faculty members.

Our college is supported by a team of **highly qualified, experienced, and committed faculty** who play a vital role in mentoring students both academically and professionally. We place strong emphasis on skill development through our **well-equipped laboratories**, including modern **Nursing Foundation and Specialty Labs, an OSCE Lab**, and a Centralized Simulation Lab, which facilitate experiential learning in a safe and controlled environment.

At Adichunchanagiri College of Nursing, we strive to create a **learner-centered environment** that promotes academic excellence, ethical practice, research orientation, and community service. We encourage our students to develop not only professional competence but also empathy, integrity, and a lifelong commitment to learning.

I warmly invite aspiring nursing professionals to join us and become part of an institution that nurtures talent, inspires innovation, and shapes future leaders in nursing. Together, let us work towards advancing healthcare and serving humanity with compassion and excellence.

Best wishes for a bright and successful future.

DEPARTMENT OF NURSING FOUNDATION

- Fundamental of nursing lab is the basic foundation laboratory in the art of Nursing.
- Nursing Foundation lab offers the opportunity to provide simulation based education to challenges and test students clinical and decision making skills during realistic patient care and scenarios.
- The department trains the nursing students to gain cognitive, affective and psychomotor domains which can be practiced and create apposition changes in the health outcomes of individuals, families, community in all health care settings.
- It exposes all the equipments which are used for giving care to the patient in practical way which will guide the students to improve the knowledge and to assess the patient care effectively and efficiently.

HIGHLIGHTS

- Experience with high fidelity patient care simulator.
- Centralized AIMS simulation lab exposure to students.



DEPARTMENT OF MEDICAL SURGICAL NURSING

- The department offers student-centered instruction and learning in an environment that is conducive to practical experience, assisting the students in developing confidence in their nursing knowledge, abilities, and practiced attitudes.
- In order to meet the challenges of changing patient demographics, disease severity, and complexity in health care technologies, the department's faculty places a strong emphasis on students' knowledge, skills, and altitudinal acquisition.
- When it comes to caring for patients in the critical care unit, the family members and their concerns are taken into consideration on an equal basis. The medical surgical nursing practice scope is evidence-based, in terms of the patient's care as well as procedural factors.
- The topic is carefully considered and presented in second- and third-year B.Sc. nursing courses in order to logically address all health system challenges. Simulated patients are used to practice crucial patient care procedures, allowing trainees to develop their clinical skills and confidence. To prepare them for providing comprehensive care, the course gives students the chance to study about adult health issues, including geriatrics.

HIGHLIGHTS

- Establish the highest standards for basic, secondary, and tertiary medical surgical nursing treatment and rehabilitation.
- To strengthen the science of nursing and improve patient outcomes, encourage research-driven nursing practice.
- Offer consulting services in fields important to the practice, study, and future direction of medical surgical nursing.



DEPARTMENT OF COMMUNITY HEALTH NURSING

- Community Health Nursing is the specialty that prepares the students to meet the ever-changing challenges of society. The course orients the students to the concept of positive health and successful living, focuses on the families in the community and population groups with health risks.
- The Community department organizes household surveys, epidemiological investigations, health projects, health awareness campaigns, exhibitions, health care programs, school health programs, special clinics, health education activities etc. in the village. These activities train the students to effectively interact with the community on health matters.
- Our CHN lab is properly equipped and well furnished with healthy environment of learning for the under graduates and post graduates so as to practice the procedure to improve the skill and make effective AV aids needed for the public and related to community health concerns. The lab is arranged in such a manner that the student of the nursing programme can CHN lab is therefore an extension and expansion of the ideal guidelines of community health nursing.

HIGHLIGHTS

- We have affiliated Community Health Centre.
- Adopted villages.
- Well-equipped laboratory.



DEPARTMENT OF OBG (OBSTETRICAL & GYNAECOLOGICAL) NURSING

- The Department of Obstetrical and Gynaecological Nursing takes pride in quality teaching. The department is a specialty of caring for women during antenatal, intranatal and postnatal period.
- The department is designed for graduate and post graduate students to develop expertise and in-depth knowledge to provide comprehensive nursing care to the mothers as well newborn.
- The department encourages student research in the core areas of women's health, reproductive health, high risk pregnancy, high risk labour, high risk puerperium, neonatal care and high risk newborn.
- The department further enable the students to function as care giver, independent midwifery practitioner, effective educators, lactation counsellors, managers and researchers at different settings.

HIGHLIGHTS

- Simulation lab at AIMS.
- Well-equipped laboratory with dummies and mannequins for the mechanism of labour, antenatal and postnatal examinations.



DEPARTMENT OF PAEDIATRIC (CHILD HEALTH) NURSING

- The department of Child Health (Paediatric) Nursing provides courses related to child health nursing within the framework of the curriculum of Adichunchanagiri College of Nursing and the Indian Nursing council (INC).
- The department provides student-centered teaching and learning in conducive atmosphere that helps the students to gain confidence in their nursing knowledge and skills. The department is concerned with training the students in developing the knowledge and skills required to respond to health care needs of infants and children and their family in a variety of settings.

HIGHLIGHTS

- Well established laboratory equipped with models, manikins, instruments to facilitate teaching learning process
- Utilization of centralized simulation lab at AIMS to expose the students to learn about paediatric procedures



DEPARTMENT OF PSYCHIATRIC (MENTAL HEALTH) NURSING

- Mental health nursing is a specialized field of nursing practice that involves the care of individuals with a mental health disorder to help them recover and improve their quality of life.
- Mental health nurses have advanced knowledge of the assessment, diagnosis, and treatment of psychiatric disorders that helps them provide specialized care. They typically work alongside other health professionals in a medical team with the aim of providing the optimal clinical outcomes for the patient.
- Mental health / Psychiatric nursing is the specialty area of nursing that focus on the promotion of mental health, prevention of mental illness and rehabilitate the client with mental illness.
- The students to assist in developing expertise and in depth understanding in the field of psychiatric nursing. It will help the students to appreciate the client as a holistic individual and develop skills to function psychiatric nurse specialist it will further enable the students to function as educator, manager and researcher in the field of psychiatric nursing.

HIGHLIGHTS

- Providing counselling and awareness Programme in common and personal issues such as misconception related to mental illness, conflict resolution, career guidance, awareness Programme on mental illness, Prevention of suicide, selfprotective measures, sex education, substance abuse, slow learners, etc.



Academic Activities


Placement Drive

A placement drive was organized on 8-01-25 by the Faculty of Nursing, Adichunchanagiri College of Nursing, Adichunchanagiri University, to provide job opportunities for nursing students. Representatives from Shreya's Home Nursing Services interacted with students and conducted career counselling sessions for about 100 participants, focusing on resume building and interview skills. The event successfully bridged academia and industry, resulting in job offers for several students and enhancing their professional skills.



Blood Donation Drive

On the occasion of the birth anniversary of Paramapoojya Jagadguru Sri Sri Sri Dr. Balagangadharanatha Mahaswamiji, the Department of Medical Surgical Nursing and NSS Unit of Adichunchanagiri College of Nursing organized a Blood Donation Drive on 18-01-2025 at the ACN Auditorium. The program was inaugurated by faculty members and blood bank officials, who addressed the volunteers on the importance and benefits of voluntary blood donation. The drive received an overwhelming response from faculty, students, and stakeholders, resulting in the collection of 36 units of blood, which were handed over to Adichunchanagiri Hospital and Research Centre, making the event a grand success.



The poster features the Adichunchanagiri University logo on the top left and a blood bank logo on the top right. The central text reads 'ADICHUNCHANAGIRI UNIVERSITY FACULTY OF NURSING Blood Donation Drive'. Below this, a portrait of a spiritual leader is shown with the quote: 'Learn the skill to earn. Earn the values to share. Share the knowledge to serve.' To the right, a red heart-shaped graphic contains the text 'DONATE BLOOD SAVE LIFE'. The event details are listed as: Date: 18th January 2025 @ 10.00 am; Venue: Multipurpose Hall. At the bottom, it states 'Organized by Department of Medical Surgical Nursing in association with NSS Unit.' and 'ADICHUNCHANAGIRI COLLEGE OF NURSING'.

ADICHUNCHANAGIRI UNIVERSITY

FACULTY OF NURSING

Blood Donation Drive

*Learn the skill to earn.
Earn the values to share.
Share the knowledge to serve.*

**DONATE BLOOD
SAVE LIFE**

Date: 18th January 2025
@ 10.00 am

Venue: Multipurpose Hall

Organized by
Department of Medical Surgical Nursing
in association with NSS Unit.

ADICHUNCHANAGIRI COLLEGE OF NURSING

*On the occasion of Birth Anniversary of
Divine Soul, Paramapoojya Jagadguru
Padmabhushana Sri Sri Sri
Dr. Balagangadharanatha Mahaswamiji*



National Youth Day

The Department of Mental Health Nursing, in association with the Department of Pediatric Nursing, organized National Youth Day on January 20, 2025, at Adichunchanagiri University. The program aimed to create awareness about the role of youth in nation-building, guided by Swami Vivekananda's teachings under the theme "Youth for a Sustainable Future: Shaping the Nation with Resilience and Responsibility." The principal and the guest speaker, Mr. Vincent Patil, motivated students to be fearless, disciplined, and committed to self-development and social harmony. Interactive sessions encouraged students to reflect on the message and apply it in their lives, fostering leadership, innovation, and a sense of responsibility toward society.



The banner features the Adichunchanagiri University logo on the left, which includes the acronym 'A+C' and the motto 'In Form as Progress'. To the right is the NAAC accreditation logo, a red seal with 'A+' and 'ACCREDITED WITH GRADE NAAC'. The text reads: 'ADICHUNCHANAGIRI UNIVERSITY', 'Faculty of Nursing', 'Adichunchanagiri College of Nursing', and 'Organized by Department of Psychiatric Nursing in association with Department of Pediatric Nursing'. It also lists the 'Guest Speaker Mr. Vincent Patil, Vice Principal, Sankanur Institute of Nursing, GADAG' and the quote 'Arise, awake, and stop not till the goal is reached.' The event details are: 'NATIONAL YOUTH DAY', 'Date 20/01/2025', 'Time 10.30AM', and 'Place Seminar Hall'. A portrait of Swami Vivekananda is integrated into the 'YOUTH DAY' text.



Cervical Health Awareness

The Department of OBG Nursing, Adichunchanagiri College of Nursing, organized an awareness programme on “Cervical Health Awareness Week – We Can Prevent Cervical Cancer” on 24th January 2025 at the ACN Seminar Hall. The session focused on educating students about cervical cancer, its causes, symptoms, screening methods, PAP smear, HPV vaccination, and preventive measures. The programme witnessed active participation from 96 BSc Nursing students and faculty members, successfully creating awareness on the importance of early detection and prevention of cervical cancer.



ADICHUNCHANAGIRI UNIVERSITY
BG Nagara, Mandya-571448

Faculty of Nursing
Adichunchanagiri College of Nursing

Cervical Health Awareness Week
Theme :
"we can prevent cervical cancer"

Guest Speaker
Dr.N.Janasri, DGO,DNB,DMAS.
Assistant professor
Dept of OBG
AH&RC

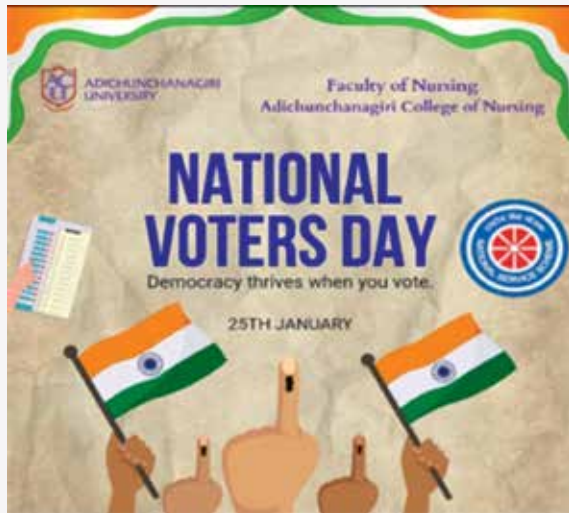
Certified HPV vaccination champion in global HPV cancer prevention initiative

Date: 24-01-2025 Time: 11am Venue: Seminar Hall
Organized by Department of OBG Nursing



National voters' day

The NSS unit of Adichunchanagiri college of nursing organized national voters' day on 25.01.2025 celebration with the theme of "Nothing like voting, I vote for sure" by delivering a pledge to students and staff. Mr. Kantharaju S, NSS programme officer delivered a pledge to students and staff of ACN. 80 NSS Volunteer and staffs were present on this occasion.



Republic Day Celebration

The 76th Republic Day was celebrated with great enthusiasm at Adichunchanagiri Institute of Medical College and Faculty of Nursing on 26th January 2025 at 8:00 am. The program included the presence of esteemed dignitaries, national flag hoisting, and the National Anthem, creating a patriotic atmosphere. Around 200 students, faculty, and staff actively participated. Dr. M. G. Shivaramu highlighted the significance of Republic Day and India's democratic values. The celebration concluded with the Republic Day pledge and vibrant cultural performances by students, reflecting national unity and pride.



National girl child day

The Department of Paediatric Nursing, in association with the Women Empowerment Committee, organized National Girl Child Day on 27th January 2025 to promote awareness about girls' rights, empowerment, and gender equality. The program highlighted the theme "Empowering Girls for a Bright Future", focusing on education, health, nutrition, and equal opportunities for girls. The principal delivered the inaugural address, followed by an insightful talk by Dr. Neha Farheen Mushtaq, emphasizing government initiatives for girl child welfare and the importance of respecting and supporting girls in all aspects of life. Interactive sessions encouraged students to share their views and experiences. The event successfully raised awareness on girl child empowerment, education, safety, and the positive impact empowered girls have on families and society.



ADICHUNCHANAGIRI UNIVERSITY NAAC GRADE A+

Faculty of Nursing
Adichunchanagiri College of Nursing

Guest Lecture Session
on "National Girl Child Day"

Guest Speaker
Dr. Neha Farheen Mushtaq
Head of Department
Department of Clinical Psychology
AH&RC,

Organized by Department of Child Health (Paediatric) Nursing
in association with Women Empowerment Cell

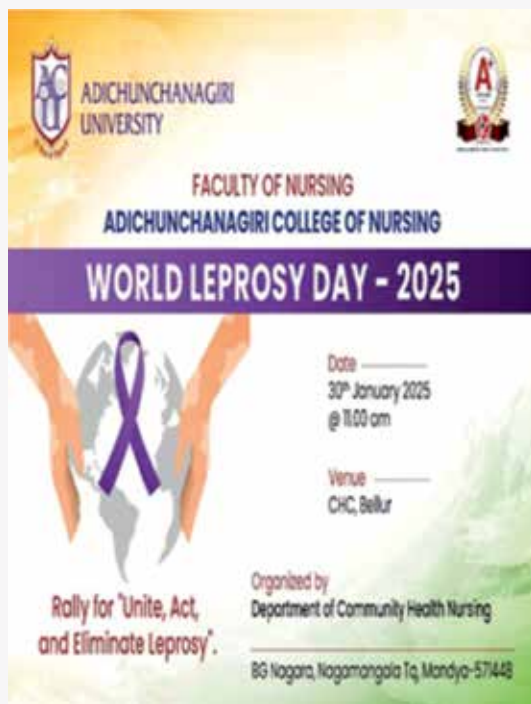
Date: 27.01.2025 Time: 11.30AM Venue: Seminar Hall

B.G Nagara-571448, Mandya, Karnataka
Email: acn@acgu.edu.in | Web: www.acnain.in



World Leprosy Day

On 30th January 2025, the Department of Community Health Nursing, Adichunchanagiri College of Nursing, in association with AIMS & AH & RC, organized a community awareness rally on the occasion of World Leprosy Day with the theme "Unite, Act, and Eliminate Leprosy." The program began with inaugural addresses by the Vice Chancellor of ACU and the Tahasildar of Nagamangala Taluk, in the presence of hospital and local panchayat officials. The rally was flagged off by the principal and faculty, with participation from 79 students and staff. The event aimed to raise awareness, reduce stigma, and promote early diagnosis and treatment, contributing to improved social acceptance and progress to ward a leprosy-free society.



National Deworming Day

The Department of Paediatric Nursing, in association with the Health and Family Welfare Department, organized National Deworming Day on 10th February 2025 to create awareness about soil-transmitted helminth infections among children. The program highlighted the theme “Eliminate STH: Invest in a Healthier Child”, focusing on child health, nutrition, hygiene, and sanitation. The principal delivered the inaugural address, followed by an informative session by Dr. Madhura M. M., Head of Community Medicine, AH & RC, who emphasized government initiatives, early detection, treatment, and preventive measures. Interactive sessions encouraged student participation and awareness. The program contributed to reduced worm prevalence, improved nutrition and growth, better cognitive development, increased school attendance, and supported SDG 3 and SDG 6.



CPR

A comprehensive CPR training session titled “CPR Skills: Know the Drills” was conducted on 10th February 2025 by the BGS Institute of Nursing Sciences at the AIMS Lecture Hall. The program combined theoretical instruction and hands-on practice to equip students with essential life-saving skills. The session was inaugurated by Dr. Komala H K and Prof. Victoria Sarvand, who highlighted the importance of CPR in professional and daily life. Theoretical and practical sessions were led by Ms. Poornima C G, Mr. Nikil J V, Mr. Shrungar, and Ms. Chandhana. About 170 students participated, with 60 students gaining significant hands-on experience through practical drills. The training successfully enhanced students’ knowledge, skills, and confidence in performing CPR during emergencies.



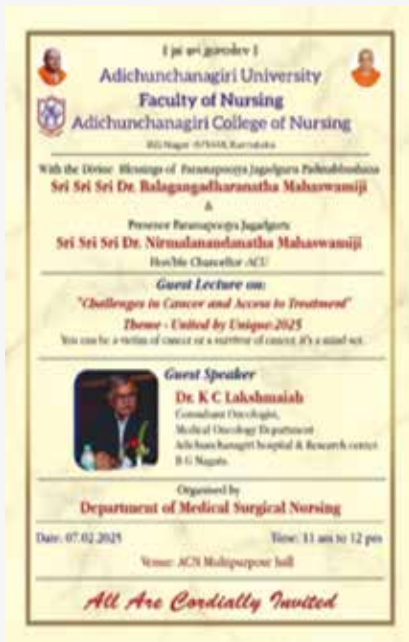
Sexual and Reproductive Health Day

A Health Awareness Day was organized by the Department of OBG Nursing on 12th January 2025 at the ACN Auditorium through a poster presentation on the theme “Sexual and Reproductive Health Day – Equity Through Actions.” The program began at 11:00 AM, with around 25 students participating. One hour was allotted for poster preparation, followed by presentations and explanations to the judges Prof. Arathi T V and Mr. Chethan B S. Winners were awarded cash prizes and achievement certificates by Prof. Victoria Sarvand, Principal, ACN, while all participants received certificates of participation. The event successfully enhanced awareness, reduced stigma, and promoted preventive measures related to sexual and reproductive health, aligning with SDG 3 (Good Health and Well-being) and SDG 4 (Quality Education).



Cancer Awareness Program

A Cancer Awareness Program on the theme “Challenges in Cancer and Access to Treatment” was organized by the Department of Medical Surgical Nursing, Adichunchanagiri College of Nursing on 07 February 2025, in observance of World Cancer Day 2025 with the theme “United by Unique.” The program was inaugurated in the presence of Dr. K C Lakshmaiah, Consultant Oncologist, AH & RC, along with Prof. Victoria Sarvand, Principal, ACN, and Prof. Shobha K R, HOD of Medical Surgical Nursing. The guest speaker emphasized the importance of cancer screening, early detection, and access to affordable diagnostic and treatment services, including chemotherapy, immunotherapy, and radiotherapy. Around 100 students actively participated in the program. The session enhanced students’ understanding of cancer challenges, advanced therapies such as CAR-T cell therapy, and the critical role of early detection, aligning with SDGs 3, 4, 7, and 17.



Vijnatham Nrityotsava

Vijnatham Nrityotsava-2025, held on 19th February 2025, was a prestigious cultural dance festival organized by Sri Adichunchanagiri Mahasamsthana Math as part of Vijnatham Uthasav-2025. The event celebrated diverse dance forms and promoted cultural heritage, with participation from over 20 BGS colleges across Karnataka. The Faculty of Nursing students delivered an outstanding performance and secured 2nd place, earning accolades from judges and audiences alike, and bringing great pride to the college.



Model Exhibition

On the occasion of National Donor Day, the Department of Medical Surgical Nursing organized a Model Exhibition on 17th February 2025 with the theme “One Donor Can Save Up to Eight Lives.” The exhibition was inaugurated at 10:30 AM by Prof. Victoria Sarvand, Principal, ACN, and Prof. Shobha K R, HOD of Medical Surgical Nursing. Third Semester students actively participated by presenting organ transplantation models of the heart, liver, kidney, eye, and lungs in five groups. Around 100 students participated, with faculty members and 300 students witnessing the event. The exhibition successfully raised awareness, dispelled myths, and promoted positive attitudes toward organ donation, emphasizing its life-saving impact.



Enhancing Hearing health and Diagnostic Audiometry

A Guest Lecture on “Enhancing Hearing Health and Diagnostic Audiometry” was organized by the Department of Medical Surgical Nursing, Adichunchanagiri College of Nursing on 06 March 2025, in observance of World Hearing Day 2025 with the theme “Changing Mindsets: Empower Yourself to Make Ear and Hearing Care.” The program featured expert talks by Ms. Chaithra K C and Ms. Swathi V M, Audiologists and Speech Therapists from AH & RC, and was inaugurated in the presence of Prof. Victoria Sarvand, Principal, ACN, and Prof. Shobha K R, HOD, Medical Surgical Nursing. The session highlighted the importance of early detection, prevention of hearing loss, and the role of hearing aids and cochlear implants. Around 120 students actively participated, gaining awareness to promote hearing health and improve quality of life.



International Women's Day

The Women Empowerment Cell of Adichunchanagiri College of Nursing celebrated International Women's Day on 14th March 2025 with the theme "Accelerate Action." The program highlighted the importance of rapid and meaningful efforts toward gender equality. Dr. Meera Shivalingaiah delivered an inspiring address on advancing women's education, healthcare, leadership, and economic empowerment. Active participation from faculty, students, and staff made the event a strong platform for awareness, motivation, and collective action toward women's empowerment.



World Down Syndrome Day

The Department of Child Health Nursing, in collaboration with the Department of Mental Health Nursing, observed World Down Syndrome Day on 21st March 2025 to raise awareness and promote inclusion for individuals with Down syndrome. Dr. Ambika, Associate Professor and HOD of Pediatrics, JSS College of Nursing, Mysore, delivered an informative session on the causes, symptoms, challenges, and holistic nursing care for individuals with Down syndrome. The program enhanced awareness, empathy, and understanding among nursing students and faculty, highlighting the importance of compassionate care, early intervention, and overall well-being.



World tuberculosis day

The Department of Medical Surgical Nursing, Adichunchanagiri College of Nursing, organized a guest lecture on “Fight TB before it attacks you” on 24 March 2025 in observance of World Tuberculosis Day 2025, themed “Yes! We can end TB: Commit, Invest, Deliver.” Expert speakers Dr. Chirag K.C. and Dr. Indu Benny highlighted the global burden of tuberculosis, early diagnosis, treatment options, and the importance of the DOTS strategy for effective TB control. The program actively engaged 160 nursing students, enhancing their knowledge and awareness of TB prevention and management. The event strengthened health education, promoted evidence-based nursing practice, and supported coordinated public health efforts toward ending TB.



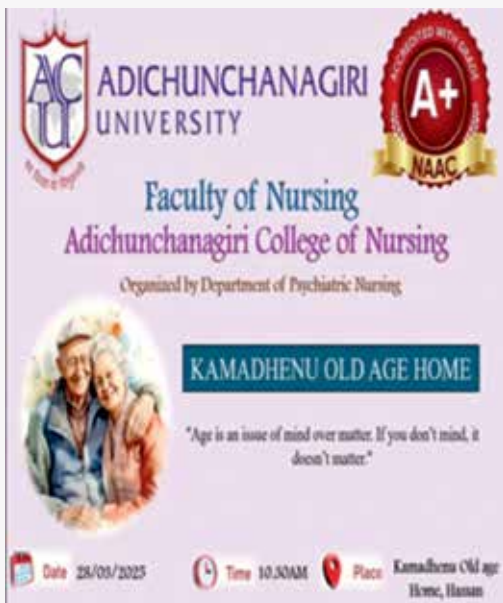
World Purple Day of Epilepsy

On the occasion of World Purple Day of Epilepsy, the Departments of Community Health Nursing and OBG Nursing, in collaboration with NSS Unit No.-5, organized a MIME competition on 26 March 2025 with the theme “Stand Up to Seizures.” The event aimed to raise awareness about epilepsy, reduce stigma, and educate the audience on seizure first aid and support. Five student groups participated, creatively portraying the realities and challenges faced by individuals with epilepsy. The program successfully enhanced awareness, empathy, and understanding of epilepsy management, contributing meaningfully to health education and well-being.



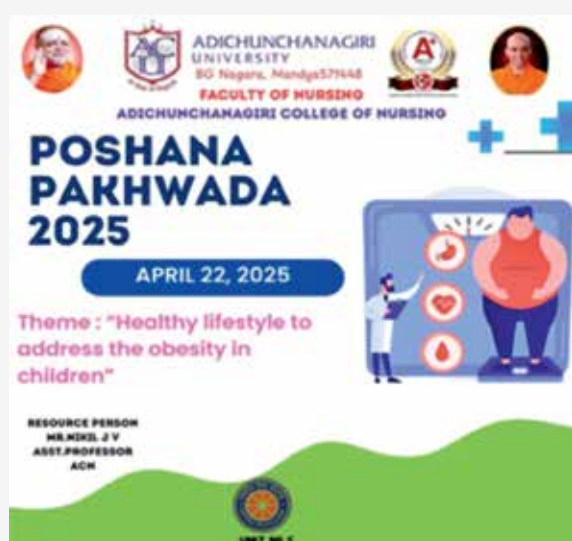
Old age Home Visit

The Department of Mental Health Nursing conducted an Old Age Home visit in Hassan on 28 March 2025 to assess the physical, emotional, and healthcare needs of elderly residents. Nursing students provided basic health check-ups, health education, emotional support, and engaged residents through recreational and cultural activities. The visit highlighted the importance of holistic geriatric care, addressing not only physical health but also emotional and social well-being, reinforcing compassionate nursing practice for the elderly.



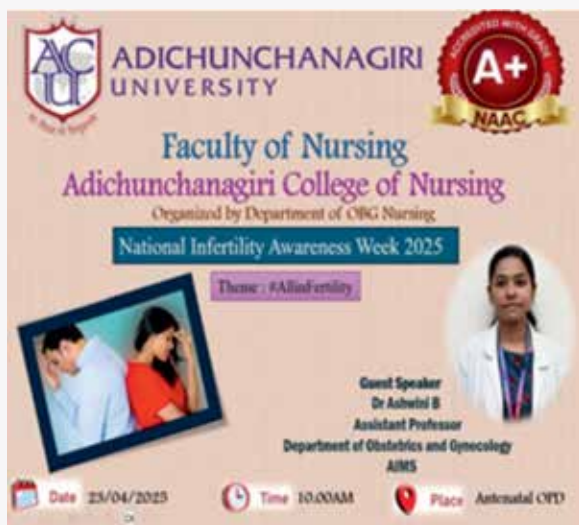
Poshana Pakhwada

Adichunchanagiri College of Nursing, NSS Unit-5, observed Poshana Pakhwada 2025 on 22 April 2025 with the theme "Healthy lifestyle to address obesity in children." Led by the NSS Officer, the program included an informative lecture on childhood obesity, its causes, risks, and management through balanced nutrition and physical activity. The event engaged students and faculty, enhancing awareness about maternal and child nutrition, healthy lifestyles, and access to nutrition services. The initiative promoted health, education, and nutritional well-being among vulnerable groups.



National Infertility Week

On the occasion of National Infertility Week 2025, the Department of OBG Nursing, Adichunchanagiri College of Nursing, organized a health awareness programme at the OBG OPD, AH & RC on 23 April 2025 with the theme #ALLinFertility. The programme included a student role play highlighting the emotional and social impact of infertility and an expert talk by Dr. Ashwini B on causes, myths, and treatment options. The initiative actively engaged patients and healthcare professionals, promoting early consultation, reducing stigma, and encouraging inclusive and empathetic dialogue. The event enhanced community awareness, strengthened nursing students' health education skills, and supported equitable access to reproductive health information.



World Immunization Week

The Department of Paediatric Nursing, Adichunchanagiri College of Nursing, observed World Immunization Week 2025 on 24 April 2025 at Adichunchanagiri Hospital and Research Centre with the theme "Changing Mindsets: Vaccines Work for All." The programme aimed to raise awareness about the importance of immunization in preventing vaccine-preventable diseases and improving child and maternal health. With active participation from 3rd B.Sc. Nursing students, the event emphasized equitable vaccine access, high immunization coverage, and collective responsibility in achieving public health goals, contributing to reduced morbidity, mortality, and strengthened community immunity.



Guest Lecture on Infection control & Biomedical waste management

The Nursing Foundation Department of Adichunchanagiri College of Nursing organized a Guest Lecture on Infection Control and Biomedical Waste Management on 25 April 2025, in observance of International Infection Prevention Week 2025, themed “Strengthening infection prevention and control towards a healthier, safe world.” The session highlighted best practices in infection control, safe biomedical waste handling, and color coding, with active participation from 169 second-semester nursing students. The program enhanced awareness on patient safety, public health protection, environmental sustainability, and responsible healthcare practices.



International Day of the Midwife 2025

The Department of OBG Nursing, Adichunchanagiri College of Nursing, observed the International Day of the Midwife 2025 on 5 May 2025 with a guest lecture themed “Midwives: A Critical Support in Every Crisis.” The programme highlighted the crucial role of midwives in maternal and newborn care, especially during health emergencies and crisis situations. The session inspired nursing students by emphasizing dedication, resilience, and compassion in midwifery practice, reinforcing the importance of women’s health, gender equality, and quality healthcare delivery. The program enhanced awareness on patient safety, public health protection, environmental sustainability, and responsible healthcare practices.



Av aids model exhibition

On 3 May 2025, the Department of Nursing Education Technology, Adichunchanagiri College of Nursing, organized an AV Aids Model Exhibition with the theme “Exploring Innovative AV Technologies.” The event showcased creative audio-visual teaching tools, engaging 10 student groups in model design and presentations. The exhibition enhanced understanding of modern AV innovations, fostered teamwork, communication, and technical skills, and provided practical exposure, boosting confidence in applying theoretical knowledge. The program promoted quality education, skill development, and innovation in technology-driven learning.

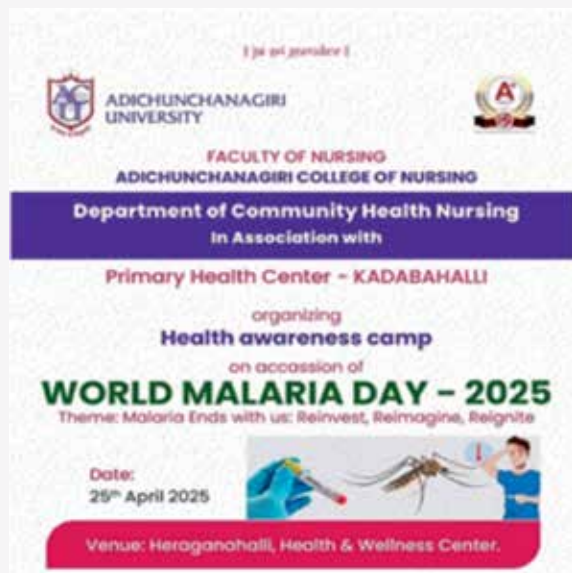


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World Malaria Day

On 25th April 2025, the Department of Community Health Nursing at Adichunchanagiri College of Nursing, in collaboration with the Primary Health Center, Kadabahalli, organized a community awareness camp on World Malaria Day with the theme "Malaria Ends with Us: Reinvest, Reimagine, Reignite." The event began with an inaugural speech by Community Health Officer Mrs. Prema. V semester nursing students actively engaged the community using flashcards and posters to highlight the importance of personal hygiene and environmental sanitation. A total of 25 students participated alongside health workers, reaching approximately 45-50 community members. Objectives: Enhance knowledge and awareness, develop health communication skills, promote social responsibility, and foster teamwork and leadership. Outcomes: Students gained knowledge about malaria prevention, improved communication and organizational skills, and supported local health initiatives.



World Health Day

On the occasion of World Health Day on 7th April 2025, the Department of Medical Surgical Nursing at ACN organized a Pencil Drawing Competition with the theme “Healthy Beginnings, Hopeful Futures.” The event was inaugurated at 2:30 PM by Prof. Victoria Sarvand, Principal of ACN, and Prof. Shobha K R, HOD of Medical Surgical Nursing. Thirty-two students participated, creating drawings that conveyed meaningful health messages. Each participant explained their artwork to the judges, Mr. Chethan B S and Mr. PGN Swamy, who selected the winners. The winners received cash prizes and certificates from the principal, while all participants were awarded certificates of participation. Objectives: Raise awareness about World Health Day, promote health education, dispel health myths, emphasize positive health practices, and encourage a proactive attitude toward community health. Outcomes: The program enhanced students’ awareness and knowledge of health, encouraged healthy lifestyles, and promoted community engagement for health improvement.



International Nurses Day

Adichunchanagiri College of Nursing, in collaboration with BGS Institute of Nursing Sciences, celebrated International Nurses Day on 12th May 2025 at 10:30 AM in the BGS Auditorium. The event began with an inspiring prayer song, followed by a welcome address by Dr. Komala H. K., Principal of BGSINS. The programme was inaugurated with a ceremonial lamp lighting by distinguished dignitaries including Dr. Padmavathi D., Chief Guest; Dr. M. A. Shekar, Vice Chancellor; Dr. C. K. Subbaraya, Registrar; Dr. M. G. Shivaramu, Principal & Dean of AIMS; Prof. Victoria Sarvand, Principal of ACN; and other leaders. Prof. Victoria Sarvand highlighted the significance of International Nurses Day 2025, while Dr. M. A. Shekar delivered a motivating address encouraging the students. Dr. Padmavathi D. elaborated on the theme, "Our Nurses. Our Future: Caring for Nurses Strengthens Economies," emphasizing the essential role of nurses in resilient healthcare systems and economic development. The event concluded with felicitation of the Chief Guest, cultural performances by nursing students, and a vote of thanks by Prof. Shobha K. R., HOD of Medical-Surgical Nursing.



Fifth Workshop on Essential Midwifery Procedures – Skill Enhancement

The Department of Obstetrics and Gynecological Nursing, along with students from the Faculty of Nursing, Adichunchanagiri University, actively participated in the Fifth Workshop on Essential Midwifery Procedures – Skill Enhancement held at Ramaiah Institute of Nursing Education & Research. Out of 74 participants from various nursing colleges, 7 members (faculty and students) represented Adichunchanagiri University. Objectives: The workshop aimed to reorient and reinforce knowledge and skills in essential midwifery procedures, update participants on recent obstetrical care guidelines by the Government of India, enhance maternal and neonatal care, and promote safe motherhood through evidence-based interventions. Participants learned and practiced procedures such as birth preparedness, antenatal assessment, intranatal care (including partograph use and pain management), assisting normal births, newborn care, episiotomy suturing, postpartum care, breastfeeding initiation, and parent/family education. **SDG Alignment:** The workshop supports SDG 3 (Good Health and Well-being), SDG 4 (Quality Education), and SDG 8 (Decent Work and Economic Growth) by enhancing professional skills and improving maternal and neonatal healthcare services.



World Asthma Day

On 24th May 2025, the Department of Medical-Surgical Nursing, Adichunchanagiri College of Nursing, B.G. Nagara, organized a health awareness programme at the Primary Health Centre, Kadabahalli, on the theme “Make Inhaled Treatments Accessible for ALL.” The event was inaugurated by Dr. Anitha K J, Administrative Officer, PHC Kadabahalli, Prof. Victoria Sarvand, Principal of ACN, and Prof. Shobha K R, HOD of Medical-Surgical Nursing. Second-year GNM students performed an impactful role play illustrating asthma—its causes, effects, prevention, and management—which effectively educated approximately 200 village members. Key points highlighted included asthma as a chronic inflammatory disease, triggers such as allergens and pollution, susceptibility in children and the elderly, and the importance of early diagnosis and adherence to treatment. The session concluded with practical guidance on preventive measures, empowering the community to manage asthma proactively. Objectives: Increase public awareness about asthma, educate the community on symptoms and management, promote preventive behaviors, and foster collaboration between healthcare professionals and the community. Outcomes: Participants gained practical knowledge about asthma, recognized warning signs, adopted preventive measures, and understood the importance of timely medical intervention. SDG Alignment: Supports SDG 3 (Good Health and Well-being), SDG 6 (Clean Water and Sanitation), SDG 11 (Sustainable Cities and Communities), and SDG 12 (Responsible Consumption and Production) through improved health awareness, prevention, and sustainable health practices.



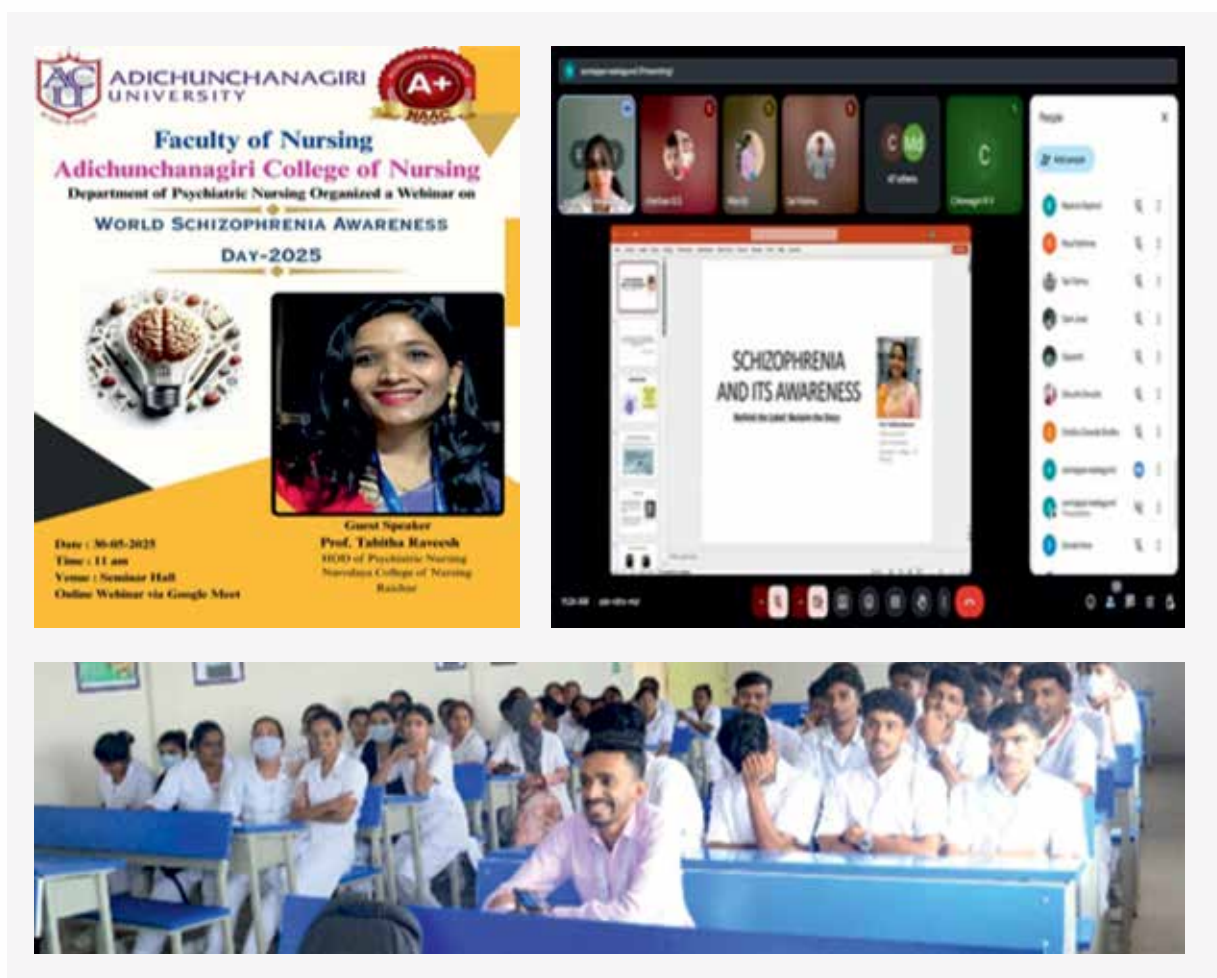
Awareness regarding Effect of Mobile phone addiction in school children

The Department of Child Health Nursing, Adichunchanagiri College of Nursing, B.G. Nagara, conducted a school health program on “Awareness Regarding the Effect of Mobile Phone Addiction in School Children” at Sri Bhakthnatha High School for 8th standard students. The session was led by 1st and 2nd year M.Sc. Nursing students, with Dheeraj D.S. initiating discussions on mobile phone addiction, its causes, and its physical and mental health effects. The program highlighted strategies for reducing screen time and encouraged proactive measures among students and parents. Objectives: Assess daily screen time, examine academic and behavioral effects, identify emotional changes, evaluate parental awareness and control practices, and promote effective interventions to reduce mobile phone addiction. Outcomes: Students, teachers, and parents gained awareness about the signs, causes, and consequences of mobile addiction; improved knowledge of recommended screen time; and developed self-monitoring skills for healthier mobile use. SDG Alignment: Supports SDG 3 (Good Health and Well-being) and SDG 4 (Quality Education) through promotion of healthy habits and responsible digital usage among children.



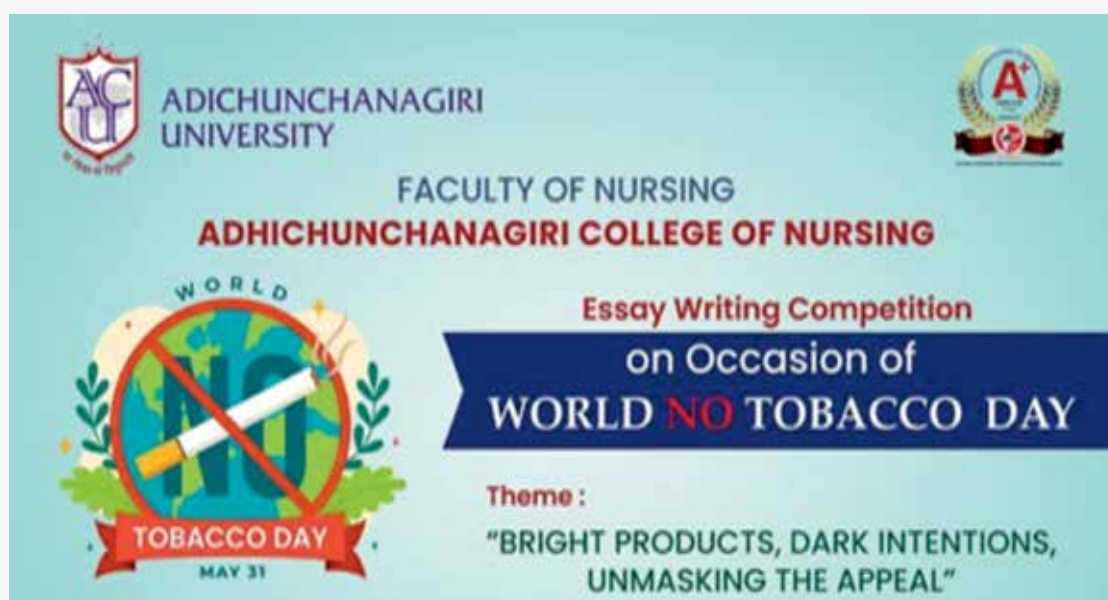
World Schizophrenia Awareness Day

On 30th May 2025, the Department of Mental Health Nursing, Adichunchanagiri College of Nursing, organized an online webinar to mark World Schizophrenia Awareness Day. The session aimed to raise awareness, reduce stigma, and educate nursing students about schizophrenia and therapeutic approaches. Prof. Tabitha Raveesh, Professor at Navodaya College of Nursing, Raichur, delivered an insightful presentation covering incidence, etiology, clinical manifestations, brain changes, stigma, and strategies for mental health advocacy. A total of 63 GNM students actively participated, gaining knowledge about schizophrenia's signs, symptoms, management, and the nurse's role in care and rehabilitation. The program concluded with a vote of thanks and successfully motivated students to be empathetic caregivers and proactive advocates for mental health. Objectives: Promote awareness of schizophrenia, educate on etiology, diagnosis, and management, and highlight the nurse's role in care and support of affected individuals. Outcomes: Enhanced students' understanding of schizophrenia, encouraged participation in mental health initiatives, and inspired advocacy for individuals with mental illness. The session received positive feedback for its clarity, depth, and engaging delivery. SDG Alignment: Supports SDG 3 (Good Health and Well-being), SDG 4 (Quality Education), and SDG 10.



World No Tobacco Day

On 31st May 2025, the Department of Community Health Nursing, Adichunchanagiri College of Nursing, in association with NSS Unit-19, organized an Essay Writing Competition to observe World No Tobacco Day. The theme, “Bright Products, Dark Intentions: Unmasking the Appeal,” aimed to raise awareness, encourage critical thinking, and support global anti-tobacco campaigns. Thirty students from 2nd and 4th semesters and 2nd GNM actively participated. The event highlighted students’ critical insights into the harmful effects of tobacco and deceptive marketing strategies targeting youth. The competition enhanced critical thinking, empowered students as health advocates, and promoted awareness toward a tobacco-free society, contributing to SDGs 3, 4, 10, and 16.



World environment day 2025

On 5th June 2025, Adichunchanagiri University, through the SDG Cell in collaboration with the IIC Cell and NSS Unit, organized a sapling plantation drive at Government School, Bellur, to mark World Environment Day 2025. Centered on the theme “Ending Global Plastic Pollution,” the event featured a keynote address by C.K. Subbaraya, Registrar, ACU, highlighting the need for collective action and environmental responsibility. Active participation from faculty and students promoted sustainability and grassroots environmental conservation, contributing to SDGs 12, 13, 14, and 15.



World environment day 2025

On 05th June 2025, the Department of Community Health Nursing, Adichunchanagiri College of Nursing, in association with NSS Units 5 and 19, organized a sapling plantation and plastic pollution awareness programme to observe World Environment Day 2025 with the theme “Ending Plastic Pollution.” The programme included an awareness talk on plastic pollution by a 4th year B.Sc. Nursing student, followed by the plantation of 25 saplings. The event witnessed active participation from nursing students, school children, faculty members, and NSS officers. The programme enhanced environmental awareness, promoted reduced plastic use, encouraged tree plantation, and supported sustainable development in alignment with SDGs 3, 4, 6, 13, and 15.



Lamp lighting and Oath Taking Ceremony

The Lamp Lighting and Oath Taking Ceremony of Adichunchanagiri College of Nursing, Adichunchanagiri Institute of Nursing, and BGS Institute of Nursing Sciences was held on 10th June 2025 at the BGS Auditorium, ACU Campus. The ceremony took place in the divine presence of Paramapoojya Jagadguru Sri Sri Sri Dr. Nirmalanandanatha Maha Swamiji, Hon'ble Chancellor of Adichunchanagiri University, with Dr. K. Ramu, Dean of RR College of Nursing, as the Chief Guest. Presided over by Dr. M.A. Shekar, Hon. Vice Chancellor, the event marked the formal induction of nursing students through lamp lighting and oath taking. The programme emphasized values of compassion, integrity, communication, and lifelong learning, inspiring students as they began their professional journey in nursing.





Webinar on Gestational Diabetes Mellitus

On 18th June 2025, the Department of Obstetrics and Gynaecological Nursing, Adichunchanagiri Institute of Nursing, organized a webinar on “Gestational Diabetes Mellitus (GDM)” as part of Diabetes Awareness Week 2025. The session, held via Google Meet, featured an expert talk by Prof. Sreedevi R, who discussed causes, risk factors, diagnosis, management, complications, and prevention of GDM, with special emphasis on Medical Nutrition Therapy. The webinar was attended by 72 third-year GNM students and enhanced their knowledge, awareness, and confidence in guiding and supporting pregnant women, contributing to SDG 3: Good Health and Well-being




International Day Against Drug Abuse and Illicit Trafficking

On 26th June 2025, the Departments of Psychiatric Nursing and Paediatric Nursing organized a guest lecture in observance of the International Day Against Drug Abuse and Illicit Trafficking with the theme “The Evidence is Clear: Invest in Prevention.” The session featured an expert talk by Mrs. Sushma J. B., Assistant Professor, Kempegowda College of Nursing, Bengaluru, who highlighted the impact of drug abuse, current trends among Indian youth, and the vital role of nurses in prevention through education, counselling, and community engagement. The programme enhanced students’ awareness, understanding of substance abuse, and motivation to promote a drug-free lifestyle, contributing to Health and Well-Being.



ADICHUNCHANAGIRI UNIVERSITY




Adichunchanagiri College of Nursing

International Day Against Drug Abuse and Illicit Drug Trafficking

Organize by
Department of Psychiatric Nursing and Pediatric Nursing

Mrs.Sushma J B
Asst.Professor
Department of Psychiatric Nursing
Kempegowda Institute of Nursing
Bengaluru



Date : 26th June 2025
Time : 11 am

Venue : Seminar Hall, ACN



World Blood Donor Day

On 30th June 2025, the Department of Medical Surgical Nursing, Adichunchanagiri College of Nursing, BG Nagara-ACU, organized a Video Clip Competition in observance of World Blood Donor Day 2025 with the theme "Give Blood, Give Hope: Together We Save Lives." The programme commenced at 2:30 PM with an inauguration by Prof. Victoria Sarvand, Principal, ACN, and Prof. Shobha K R, HOD, Medical Surgical Nursing. A total of 13 student groups (130 students) participated enthusiastically by presenting creative video clips on blood donation. Dr. Nandini S Raj, Assistant Professor, Department of Pathology, AIMS, served as the judge. Winners were awarded cash prizes and certificates, while all participants received participation certificates. The programme effectively raised awareness, dispelled myths, and promoted a positive attitude toward blood donation and lifesaving practices.



Stress Management: Practical Health Tips for a Balanced Life

1. Understand Your Stress Triggers

The first step in stress management is recognizing what causes your stress. Common triggers include work pressure, financial concerns, relationships, and health issues. Identifying these sources allows you to take proactive steps to reduce or manage them more effectively.

2. Practice Regular Physical Activity

Exercise is one of the most effective stress relievers. Physical activity releases endorphins—natural chemicals in the brain that improve mood and reduce stress. Activities such as walking, jogging, yoga, or dancing for at least 30 minutes a day can make a significant difference.

3. Maintain a Healthy Diet

A balanced diet supports both physical and mental health. Consuming fruits, vegetables, whole grains, lean proteins, and staying hydrated can help regulate energy levels and mood. Avoid excessive caffeine, sugar, and processed foods, as they can increase anxiety and stress.

4. Get Enough Sleep

Lack of sleep can worsen stress and reduce your ability to cope with daily challenges. Aim for 7–9 hours of quality sleep each night. Establish a consistent bedtime routine, limit screen time before bed, and create a comfortable sleep environment.

5. Practice Relaxation Techniques

Relaxation methods such as deep breathing, meditation, mindfulness, and progressive muscle relaxation help calm the mind and reduce tension. Even spending 10–15 minutes a day on these practices can lower stress levels significantly.

6. Manage Time Effectively

Poor time management often leads to stress. Prioritize tasks, set realistic goals, and break large tasks into smaller, manageable steps. Taking short breaks during work can also improve focus and reduce mental fatigue.

7. Stay Socially Connected

Talking to friends, family members, or support groups can help relieve stress. Sharing thoughts and feelings provides emotional support and helps you feel less isolated. Healthy social relationships play a key role in stress reduction.

8. Make Time for Hobbies and Self-Care

Engaging in activities you enjoy—such as reading, music, art, or gardening—helps relax the mind. Self-care is not a luxury; it is a necessity for maintaining mental health and emotional balance.

9. Know When to Seek Professional Help

If stress becomes overwhelming or leads to anxiety, depression, or physical symptoms, seeking help from a healthcare professional or counsellor is important. Professional guidance can provide effective coping strategies and emotional support.

Adichunchanagiri University



SCHOLARSHIPS

About Us

is a scholarship program that covers education costs ranging from concessions to awards....

2 Cr per year



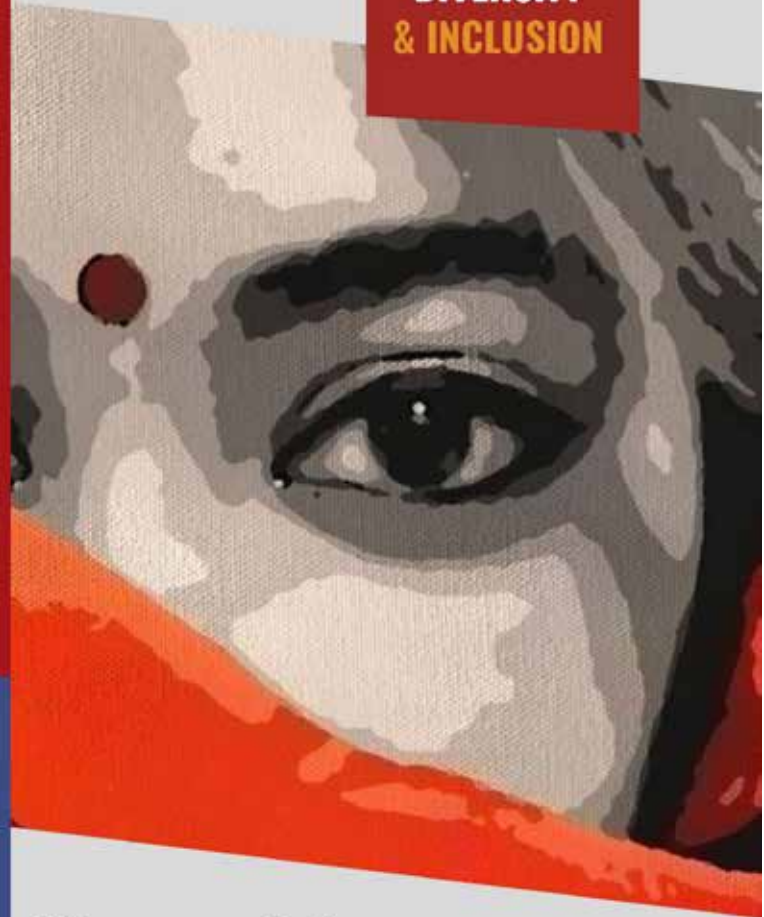
Adichunchanagiri University

PREPARING STUDENT FOR SUCCESSFUL FUTURE & CULTURE

WOMEN EMPOWERMENT CELL

The WEC advocates for inclusive hiring, career advancement, and supportive work-life balance policies. The significant presence of women in leadership roles within the university's administrative and academic structures powerfully reflects its commitment to gender equality.

DIVERSITY & INCLUSION



WE are proud of

47% of 481 teaching faculty are Women and 45% of 1118 non-teaching faculty are Women. Notably, of the total student population, female students constitute 53%.

Our Good & Best Service

The collective efforts and initiatives undertaken by Adichunchanagiri University over the past five years have significantly contributed to creating an environment where gender equality is not just a goal but a reality. The university's steadfast dedication to this cause is reflected in the measurable increase in participation and achievements of its female students and staff.

Adichunchanagiri University

SPORTS at it's best

Sports facilities spread over an approximately 40,470 Sqm area providing facilities for Cricket, Athletic (400m track), Football, Hockey, Volleyball, Throw ball, Handball, Kabaddi, Kho-Kho, Ball Badminton, Tennis & Basketball courts with synthetic floor and flood lights.

ACU has outdoor and indoor sports facilities for cricket, football, tennis, basketball, volleyball, and badminton, along with a jogging track and amphitheatre.
The facility of Gymnasium, indoor games & yoga..!!



VISION BECOMING A REALITY...







**THE PERFECT
UNIVERSITY**

.....









**JOY OF LEARNING
AT IT'S PEAK**



Our Comprehensive Programs...

Engineering

B.E

- Civil Engg.
- Mechanical Engg.
- Computer Science & Engg.
- Information Science & Engg.
- Electronics & Comm. Engg.
- Artificial Intelligence and Machine Learning

M.Tech

- Structural Engg.
- Computer Science & Engg.
- VLSI Design & Embedded system
- Infrastructure Management

Management

M.B.A (HR, Finance & Marketing)

Humanities & Social Sciences

B.Ed.

B.Com. | M.Com. | BCA | BBA

Natural Sciences

B.Sc/B.Sc (Hons.)

- Computer Science
- Artificial Intelligence and Machine Learning
- Physics & Chemistry
- Physics & Mathematics
- Chemistry & Biology

M.Sc

Physics | Chemistry | Biochemistry |
Biotechnology Microbiology

Medical

M.B.B.S | M.D | M.S

M.P.H

M.Sc. (Medical) Biochemistry, Microbiology

M.H.A (Master of Hospital Administration)

Pharmacy

D. Pharm | B. Pharm | Pharm.D

M. Pharm

Pharmaceutical Chemistry | Pharmacy Practice
Pharmaceutics | Pharmaceutical Analysis
Pharmacology | Pharma Regulatory Affairs
Pharmacognosy

Nursing

GNM | B.Sc. | M.Sc.

Allied Health Sciences

B.Sc.

- Medical Laboratory Technology
- Medical Imaging Technology
- Renal Dialysis Technology Optometry
- Anaesthesia & Operation Theatre Technology
- Clinical Psychology

Diploma in

- Medical Laboratory Technology
- Medical Imaging Technology
- Health Inspector Ophthalmic Technology
- Dialysis Technology
- Medical Records Technology
- Operation Theatre Technology

BPT (Bachelor of Physiotherapy)

Ph.D Programs in all above Faculties

Medical Science | Engineering | Nursing | Pharmacy | Commerce | Management | Education | Natural Sciences

Accreditation and Recognition



B.G. Nagara - 571448, NH-75, Nagamangala Tq., Mandya Dist., Karnataka, India

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