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**ADICHUNCHANAGIRI COLLEGE OF NURSING**



**ADICHUNCHANAGIRI  
UNIVERSITY**

**VALUE ADDED  
COURSES**  
**2022-2023**

॥ जेवो इगो ह्युपपदेह ॥



ADICHUNCHANAGIRI  
UNIVERSITY



Adichunchanagiri  
College of Nursing

'सा विद्या या विमुक्तये' | "sā vidyā yā vimuktaye"

Knowledge or Vidya  
gives Power, Pleasure & Honor.

Both Science and Spirituality enrich us  
with knowledge, which is superior  
& lead us to liberation.

Liberation from Physical, Mental & External  
Bonds is attained through the control of  
external nature with the help of science;  
while liberation from Internal Bonds is  
attained through Ethics and Religion.

Sā vidyā yā vimuktaye  
that which liberates is knowledge



Adichunchanagiri  
College of Nursing

## Vision

Achieve excellence by fostering value-based education to develop competent nurses and leaders with a global outlook.

## Mission

- Provide high quality nursing education with a broad theoretical base and diverse clinical experience that enhances the individual to become a good nurse in professional practice.
- Advance health care through excellence in nursing and inter disciplinary teaching, research, practice and service.

## Programme Educational Objectives

- To apply knowledge and critical thinking skills and ethical principles in evidence-based nursing practice.
- To prepare competent nursing professionals with human values to provide quality nursing care globally.
- To demonstrate effective communication, leadership and decision-making abilities and Managerial skills in providing quality nursing care in various health care settings.
- To practice promotive, preventive, curative and restorative health care services adhering to ethical values.
- To demonstrate a comprehensive and advanced understanding of nursing practice's core issues and knowledge bases.

## Overview of ACU

The University is situated in a Lush Green Unitary Campus of 67 acres at B.G. Nagara, Nagamangala Tq., Mandya District, Karnataka on the Bangalore – Mangalore National Highway No. 75, [105 Kms from Bangalore, the Capital City of Karnataka].

The University consists of Nine Constituent colleges in the disciplines of Medicine, Pharmacy, Nursing, Engineering, Management, Commerce and Education. The environment-friendly campus has adequate infrastructure and physical facilities for Academics and Research. The campus possesses around 5000+ students, 400+ teachers and 1800+ support staff.

The University employs a broad range of strategies to achieve its Vision, Mission and Objectives to expand the horizon of World Knowledge, provide instruction, Teaching-Learning, Training, Research and Development at the level of Higher Education in the faculties of Health Sciences, Engineering and Technology, Management and Technology, Humanities & Social Sciences and other Emerging and Thrust areas.

## Constituent Units



- ◆ Adichunchanagiri Institute of Medical Sciences
- ◆ Sri Adichunchanagiri College of Pharmacy
- ◆ Adichunchanagiri College of Nursing
- ◆ BGS Institute of Technology
- ◆ BGS College of Education
- ◆ BGS First Grade College
- ◆ Adichunchanagiri School of Natural Sciences
- ◆ Adichunchanagiri School of Allied Health Sciences
- ◆ Adichunchanagiri Institute of Molecular Medicine

## Vision

Education for all with Value Systems of Empathy, Enrichment, Equity, Excellence, Empowerment, Entrepreneurship & Enlightenment to Serve the Society

## Mission

- Education to all for Self-Reliance, Socio-Economic Change to develop an Inclusive Society with Shared Opportunities & Responsibilities
- Empathy towards the Less Fortunate, the Sick, the Suffering & the Disabled
- Enrichment to acquire Abundant Knowledge, Requisite Skills & Appropriate Attitude
- Excellence for Quality Assurance, Enhancement & Sustenance in Academics & Research to produce Graduates of Global Standards
- Equity for Fairness & Social Justice by providing Equal Opportunities
- Empowerment of Graduates to become Intuitive, Innovative & Inventive
- Entrepreneurship is a concept or idea involving the product or service to be delivered, or a new technology to be developed
- Enlightenment to attain Wisdom & Virtues in Life to think beyond Self







## Adichunchanagiri Hospital

Adichunchanagiri Hospital & Research Centre (AH & RC) was commissioned in 1990 to render healthcare services to the poor and needy. AH & RC serves as teaching hospital to the renders medical services in preventive, curative and rehabilitative domains to the rural populace in the region.

The hospital is equipped with high-tech equipment & well qualified staff, and has treatment facilities in sub-specialties like Neurosurgery, Urology, Cardiology, Oncology, Nephrology and Plastic Surgery.

At Adichunchanagiri Hospital, we believe in the power of preventive care and early detection. Our camps aim to reach out to individuals of all ages and backgrounds, offering free medical check-ups, screenings, and consultations.

Our guidelines are designed to minimize the risk of healthcare-associated infections and ensure a safe environment for both patients and staff. We strictly adhere to internationally recognized infection control practices, including proper hand hygiene, sterilization of medical equipment, and effective waste management.

At Adichunchanagiri Hospital and Research Center, we believe that prevention is the key to a healthier future. By following our Hospital Infection Prevention and Control Guidelines, we aim to provide a safe and comfortable healthcare experience for all our patients.



## Overview of ACN

Adichunchanagiri College of Nursing (ACN) was started in the year 1995 with the fore sight and vision of His Holiness Sri Sri Sri Dr. Balagangadharanatha Mahaswamiji to prepare professional nurses in order to improve standards of nursing service through quality education. It is affiliated under Adichunchanagiri University (ACU). B G Nagara (Formerly with Rajiv Gandhi University of Health Sciences, Karnataka till 2018).

With the divine leadership and blessings of Sri Sri Sri Dr. Nirmalanandanatha Mahaswamiji, the honourable chancellor of ACU. We have grown to be one among the largest nursing institution in the country and the best in the state of Karnataka, by providing value-based education in the last 27 years. The college has recognition from both apex bodies, Karnataka Nursing Council & Indian Nursing Council.

College comprises highly qualified and competent teachers, good physical infrastructure, Library facilities and most importantly students get opportunity for clinical learning in parent teaching hospital including multispecialty hospital with 1150 beds.

Nursing students do have benefit of contributions from interdisciplinary teaching faculty and ample opportunity for extra- curricular activities as university has excellent facilities for the same. We are proud to say that all our alumni's are on job in various hospitals and nursing institutes within Karnataka state and surrounding states and also various countries.



# Programmes Offered

## Diploma in Nursing

**GNM (General Nursing and Midwifery)**

Duration: 03 Years

Eligibility: PUC/10+2 Pass

## Bachelor in Nursing

**B. Sc Nursing**

Duration: 04 Years

Eligibility: PUC/10+2 Pass in Science (PCMB only)

**Post Basic B. Sc Nursing**

Duration: 02 Years

Eligibility: GNM Pass

## Master of Nursing

**M. Sc Nursing**

- » Community Health Nursing
- » Medical Surgical Nursing
- » OBG Nursing
- » Child Health (Paediatric) Nursing
- » Mental Health (Psychiatric) Nursing

Duration: 02 Years

Eligibility: B. Sc Nursing or Post Basic B. Sc Nursing Pass



## Department of Nursing Foundation

- » Fundamental of nursing lab is the basic foundation laboratory in the art of Nursing.
- » Nursing Foundation lab offers the opportunity to provide simulation based education to challenges and test students clinical and decision making skills during realistic patient care and scenarios.
- » The department trains the nursing students to gain cognitive, affective and psychomotor domains which can be practiced and create apposition changes in the health outcomes of individuals, families, community in all health care settings.
- » It exposes all the equipments which are used for giving care to the patient in practical way which will guide the students to improve the knowledge and to assess the patient care effectively and efficiently.

### Highlights

- » Experience with high fidelity patient care simulator.
- » Centralized AIMS simulation lab exposure to students.



## Department of Medical Surgical Nursing

- » The department offers student-centered instruction and learning in an environment that is conducive to practical experience, assisting the students in developing confidence in their nursing knowledge, abilities, and practiced attitudes.
- » In order to meet the challenges of changing patient demographics, disease severity, and complexity in health care technologies, the department's faculty places a strong emphasis on students' knowledge, skills, and altitudinal acquisition.
- » When it comes to caring for patients in the critical care unit, the family members and their concerns are taken into consideration on an equal basis. The medical surgical nursing practice scope is evidence-based, in terms of the patient's care as well as procedural factors.
- » The topic is carefully considered and presented in second- and third-year B.Sc. nursing courses in order to logically address all health system challenges. Simulated patients are used to practice crucial patient care procedures, allowing trainees to develop their clinical skills and confidence. To prepare them for providing comprehensive care, the course gives students the chance to study about adult health issues, including geriatrics.

### Highlights

- » Establish the highest standards for basic, secondary, and tertiary medical surgical nursing treatment and rehabilitation.
- » To strengthen the science of nursing and improve patient outcomes, encourage research-driven nursing practice.
- » Offer consulting services in fields important to the practice, study, and future direction of medical surgical nursing.



## Department of Community Health Nursing

- » Community Health Nursing is the specialty that prepares the students to meet the ever-changing challenges of society. The course orients the students to the concept of positive health and successful living, focuses on the families in the community and population groups with health risks.
- » The Community department organizes household surveys, epidemiological investigations, health projects, health awareness campaigns, exhibitions, health care programs, school health programs, special clinics, health education activities etc. in the village. These activities train the students to effectively interact with the community on health matters.
- » Our CHN lab is properly equipped and well furnished with healthy environment of learning for the under graduates and post graduates so as to practice the procedure to improve the skill and make effective AV aids needed for the public and related to community health concerns. The lab is arranged in such a manner that the student of the nursing programme can CHN lab is therefore an extension and expansion of the ideal guidelines of community health nursing.

### Highlights

- » We have affiliated Community Health Centre.
- » Adopted villages.
- » Well-equipped laboratory.



## Department of OBG (Obstetrical & Gynaecological) Nursing

- » The Department of Obstetrical and Gynaecological Nursing takes pride in quality teaching. The department is a specialty of caring for women during antenatal, intranatal and postnatal period.
- » The department is designed for graduate and post graduate students to develop expertise and in-depth knowledge to provide comprehensive nursing care to the mothers as well newborn.
- » The department encourages student research in the core areas of women's health, reproductive health, high risk pregnancy, high risk labour, high risk puerperium, neonatal care and high risk newborn.
- » The department further enable the students to function as care giver, independent midwifery practitioner, effective educators, lactation counsellors, managers and researchers at different settings.

### Highlights

- » Simulation lab at AIMS.
- » Well equipped laboratory with dummies and mannequins for the mechanism of labour, antenatal and postnatal examinations





## Department of Paediatric (Child Health) Nursing

- » The department of Child Health (Paediatric) Nursing provides courses related to child health nursing within the framework of the curriculum of Adichunchanagiri College of Nursing and the Indian Nursing council (INC).
- » The department provides student-centered teaching and learning in conducive atmosphere that helps the students to gain confidence in their nursing knowledge and skills. The department is concerned with training the students in developing the knowledge and skills required to respond to health care needs of infants and children and their family in a variety of settings.

### Highlights

- » Well established laboratory equipped with models, manikins, instruments to facilitate teaching learning process
- » Utilization of centralized simulation lab at AIMS to expose the students to learn about paediatric procedures



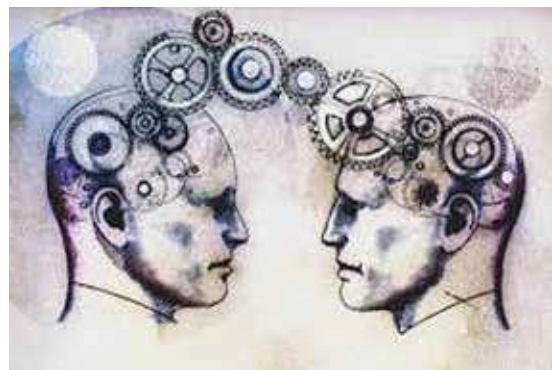


# Department of Psychiatric (Mental Health) Nursing

- » Mental health nursing is a specialized field of nursing practice that involves the care of individuals with a mental health disorder to help them recover and improve their quality of life.
- » Mental health nurses have advanced knowledge of the assessment, diagnosis, and treatment of psychiatric disorders that helps them provide specialized care. They typically work alongside other health professionals in a medical team with the aim of providing the optimal clinical outcomes for the patient.
- » Mental health / Psychiatric nursing is the specialty area of nursing that focus on the promotion of mental health, prevention of mental illness and rehabilitate the client with mental illness.
- » The students to assist in developing expertise and in depth understanding in the field of psychiatric nursing. It will help the students to appreciate the client as a holistic individual and develop skills to function psychiatric nurse specialist it will further enable the students to function as educator, manager and researcher in the field of psychiatric nursing.

## Highlights

- » Providing counselling and awareness Programme in common and personal issues such as misconception related to mental illness, conflict resolution, career guidance, awareness Programme on mental illness, Prevention of suicide, self-protective measures, sex education, substance abuse, slow learners, etc.



# Department of Community Health Nursing

## Topic : Disaster Management

### Introduction to Course

Nurses have a rich history in performing their duty both domestically and internationally in response to a disaster; be that natural or human-initiated. Nurses practising in these austere environments have not been referred to as disaster nurses. Instead, nurses have been identified with a specific skillset including creative problem-solving skills, resource management, clinical capabilities and communication skills that complement disaster response.

**Placement of course:** IV year B. Sc Nursing

**Preamble:** The value added course in disaster management in nursing is offered by Adichunchanagiri College of Nursing. The overall aim of this course is to incorporate specialised body of knowledge and improve skills of student nurses in disaster victim care in order to enable them to lead quality life.

**Scope of Disaster Nursing Management:** Nurses assume multiple roles with different populations. When disaster occurs, nurses are usually at the top of the list among the health care team to respond to the disaster victims, they are aware of the significance of improving their knowledge about the concepts and practice of disaster nursing. So, the core competency among the nurses in disaster nursing is very important to ensure effective delivery of health care when a disaster strikes.

Therefore, they are essential team players in any emergency preparedness team. Nursing can contribute to prevention, mitigation, preparedness, response, and recovery.

**Career opportunities:** After completion of course the students can work at hospitals, Non-government agencies Insurance companies, government agencies and in emergency areas.

**Course objectives:** This course is designed to prepare the students in expertise and in-depth understanding in the field of disaster management and services. It would help students to develop positive attitude towards society and providing need based care in emergency. It would equip nursing students with additional skill in outreach services to communities in rehabilitative activities.

On completion of this course student will be able to:

- Analyze the concept of disaster management
- Explore the various process of disaster preparedness and response phase
- Enumerate rehabilitation, reconstruction and recovery process
- Describe the expanded nurse's role in disaster management

**Attendance requirement:** A candidate must have 80% attendance to appear for the final exam.

**Evaluation:** Formative evaluation – group activity, assignment& presentation. Conduct of final examinations online, MCQ test for 50 marks will be conducted by Adichunchanagiri College of Nursing.

**Criteria for the pass:** Minimum 50% marks.

**Award of Certificate:** Candidates will be awarded by Adichunchanagiri College of Nursing.

**Duration of the course : 5+1 weeks**

**Theory – 15 Hrs.**

Unit	Hours	Learning Objectives	Name of the Unit	Method of Teaching
I	2	Analyse the concept of disaster management	<b>Introduction to disaster</b> Disaster concept overview Disasters: A Global View Disaster Profile of India - Regional and Seasonal Disaster classification, cause and effect Disaster cycle	Lecture come discussion
II	5	Explore the various process of disaster preparedness and response phase	<b>Disaster Preparedness and Response</b> <b>Disaster Preparedness</b> Disaster Preparedness: Concept and Nature Disaster Preparedness Plan <b>Disaster Response</b> Disaster Response Plan Participation and Activation of Emergency Preparedness Plan Psychological Response and Management	Lecture come discussion
III	5	Enumerate rehabilitation , reconstruction and recovery process	<b>Rehabilitation, Reconstruction and Recovery</b> Damage Assessment Post Disaster effects and Remedial Measures. Creation of Long-term Job Opportunities and Livelihood Options, Disaster Resistant House Construction Sanitation and Hygiene Education and Awareness, Dealing with Victims' Psychology,	Lecture cum discussion and group discussion
IV	3	Describe the expanded nurses role in disaster management	<b>Role of Nurse</b> Nursing care of vulnerable groups Care of disabilities Psychological care Infectious disease identification, management and prevention <b>Role of Various Agencies</b> District Administration Military and Para-Military Forces Departments at Centre and State Levels, Non-Governmental Agencies, International Agencies	

## REFERENCES:

- K. Park, Park's Textbook of preventive and social medicine.
- Textbook of Preventive and Social Medicine by Mahajan & Gupta
- Disaster Management by G.K. Ghosh
- Emergency Medical Services And Disaster Management: A Holistic Approach by P.K. Dave
- Disaster Management - Recent Approaches by Arvind Kumar
- Textbook of Community Medicine by Dr Sunder Lal, Dr Adarsh and Dr Pankaj.

# Department of Medical Surgical Nursing

## Topic : Dialysis Nursing

### Introduction to Course

**Eligibility criteria** Candidates who have enrolled for BSc Nursing

**Duration of the course** Theory-30 hours  
Practical -90 hours

#### **Preamble**

Professionally well-equipped and qualified graduate nurses in advanced course training with sound knowledge of their core discipline and patients with dialysis therapy.

**Placement :** IV B Sc nursing.

#### **COURSE DESCRIPTION :**

This course is designed to assist student in developing expertise and in-depth understanding in the field of dialysis Nursing. It will help students to develop advanced skills for nursing intervention in various stages of dialysis. It will enable the student to function as nephro and urology nurse practitioner/specialist and provide quality care. It will further enable the student to function as educator, manager, and researcher in the field of dialysis nursing.

#### **UNIT I INTRODUCTION**

- Historical development: trends and issues in the field of nephro and urological nursing. Nephro and urological problems
- Concepts, principles and nursing perspectives Ethical and legal issues
- Evidence based nursing and its application in nephro and urological nursing (to be incorporated in all the units)

#### **UNIT II REVIEW OF ANATOMY AND PHYSIOLOGY OF URINARY SYSTEM:**

- Structure and functions Renal circulation
- Physiology of urine
- formation Fluid and electrolyte balance Acid base balance Immunology specific to kidney

#### **UNIT III- GLOMERULAR DISORDERS AND NURSING MANAGEMENT**

Etiology, clinical manifestations, diagnosis, prognosis, related Pathophysiology, medical, surgical and nursing management of

- Glomerulonephritis- chronic, acute, nephritic syndrome Acute Renal failure and chronic renal failure.
- Renal calculi
- Renal tumours-benign and malignant Renal trauma
- Renal abscess Diabetic nephropathy Vascular disorders Renal tuberculosis Polycystic
- Hereditary renal disorders



#### **UNIT I V DIALYSIS**Dialysis- Historical, types, Principles, goals

- Hemodialysis- vascular access sites- temporary and permanent
- Peritoneal dialysis
- Dialysis Procedures- steps, equipments, maintenance, Role of nurse- pre dialysis, intra and post dialysis Complications
- Counseling Patient education
- Records and reports

#### **UNIT V Rehabilitation of patient with nephrological problems**

- Risk factors and prevention
- Rehabilitation of patients on dialysis
- Rehabilitation of patients after urinary diversions Family and patient teaching

# Department of OBG Nursing

## Topic : Lactation Management

### Introduction to Course

- **Placement of course :** I V year B.Sc. Nursing
- **Preamble:** Qualified under graduates with a sound knowledge & skills of lactation management will have more employment opportunities in the future.
- **Scope & need:** Nursing is a complex and challenging profession. Nursing professionals must learn and practice multiple skills as they move to advanced level in their career. At higher level of education nurse need to apply the theoretical and evidenced based information that underpins task performance. Offering value added course is the best measure to identify the interest of graduating nurses and to equip them with essential skills.
- **Course objectives:**

This course is designed to prepare students in expertise & in- depth understanding in the field of lactation management. It would help nursing students to gain knowledge as well as skills in providing care to the breastfeeding mothers & dealing with common breastfeeding problems.

#### **After completing this course, students will be able to:**

1. Describe the reasons why breastfeeding is important as well as evidence based risks of not breastfeeding for the infant, mother, family and community at large.
2. Identify factors that contribute to the breastfeeding decision.
3. Counsel a woman about breastfeeding
4. Describe the process of milk production and removal.
5. Recognize correct attachment and effective suckling at the breast.
6. Identify components of anticipatory guidance for all women.
7. Recognize the impact of perinatal hospital practices on breastfeeding.
8. Discuss causes and prevention of common breastfeeding problems.
9. Recognize that infants and mothers with special health care needs can breastfeed.
10. Recommend treatment options compatible with breastfeeding
11. Recognize when and how lactation can be sustained during mother/infant separation.

- **Duration of the course :** 6 weeks
- **Attendance requirement :** A candidate must have 80% attendance to appear for the final exam
- **Evaluation:** Formative evaluation – group activity, assignment & presentation. Conduct of final examinations online, MCQ test for 50 marks Examination for 'Lactation Management' will be conducted by Adichunchanagiri College of Nursing.
- **Criteria for the pass:** Minimum 50% marks.
- **Award of certificate:** Candidates will be awarded the certificate by Adichunchanagiri College of Nursing.
- **Date of commencement :** Academic year 2023-2024 onwards

**Theory: 12hours | Practical: 03hours**

Unit No	Hours		Learning objectives	Content	Method of teaching
	Theory	Practical			
I	2		Describe the basic health promotion strategy in primary care	<b>Breastfeeding: A basic health promotion strategy in primary care</b> <ul style="list-style-type: none"> <li>• Human milk composition</li> <li>• Importance of breastfeeding and risks of not breastfeeding</li> <li>• Current recommendations for breastfeeding</li> <li>• The breastfeeding decision</li> </ul>	Lecture cum discussion
II	5	1	Enumerate the basics of breastfeeding	<b>Basics of Breastfeeding: Getting Started</b> <ul style="list-style-type: none"> <li>• Anatomy</li> <li>• The Physiology of Milk Secretion</li> <li>• Getting Together: Position and Attachment</li> <li>• Evaluation of a Breastfeed</li> <li>• Length (Duration) and Frequency of a Feeding</li> <li>• Anticipatory Guidance</li> <li>• Early Hospital Routines</li> <li>• Discharge Planning</li> </ul>	Lecture cum discussion Demonstration
III	5	2	Explain the common breastfeeding problems	Common breastfeeding problems <ul style="list-style-type: none"> <li>• Common problems</li> <li>1. Inverted nipples</li> <li>2. Sore nipples</li> <li>3. Breast engorgement</li> <li>4. Obstructed lactiferous duct</li> </ul>	Lecture cum discussion Demonstration

				5. Mastitis 6. “Not enough milk” 7. Jaundice in the breastfed baby <ul style="list-style-type: none"> <li>• Breastfeeding the infant with special medical problems</li> <li>• Late preterm infants</li> <li>• Maternal medical problems</li> <li>• Breastfeeding during emergency situations</li> <li>• Contraception during breastfeeding</li> <li>• Separation of mother and infant</li> </ul>	
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#### References :

1. Lowdermilk, Perry, Bobak, Maternity women's health care. 6th ed: St Louis, Mosby; 1997
2. Sharon Smith Murray, Emily Slone McKinney, Trula Myers Gorrie. Foundations of maternal & newborn nursing. 3rd ed: London, W.B. Saunders; 2002.
3. Dutta DC. Obstetrics. 9th ed: Kolkata, Hiralal Konar; 2018.
4. Lakshmi Seshadri, Gita Arjun. Essentials of Obstetrics. 2nd ed. India, Wolters Kluwer; 2021
5. Jayne Klossner N. Introductory maternity nursing. 1st ed: New York, Lippincott; 2006.
6. Mudaliar A L, Krishna Menon M K. Clinical Obstetrics. 10th ed: Hyderabad, Universities press private limited; 2009.
7. Shirish N Daftary, Muralidhar V Pai, Pralhad Kustagi. Manual of obstetrics. 4th ed: India, Elsevier; 2016.

# Department of Paediatric Nursing

## Topic : Oral Health Care Nursing

- **Total hours** -15
- **Placement of course:** III year B.Sc Nursing
- **Preamble:** Qualified under graduates with a sound knowledge & skills of Oral health care nursing will have more employment opportunities in the future.
- **Scope & need:** Globally, oral diseases contribute to major disease problems and oral health disparities persistently exist amongst children. Two contributory factors to these challenges are the shortage of dental practitioners and the characteristic separation between the medical and dental professions. Nurses and midwives, in particular, are in a potentially excellent position to assist in basic oral health services such as dental health education and intra-oral screening.
- **Career opportunities:** After completion of course the students can work at Dental clinic, Pedodontics Out Patient and Dental hospital
- **Course objectives:**

**After completing this course, students will be able to:**

1. Describe dental structures, anatomy and physiology
  2. Explain the etiology, pathogenesis and treatment of oral disease and their relevance to Oral Health
  3. Discuss general and systemic disease and its relevance to oral health
- **Attendance requirement :** A candidate must have 80% attendance to appear for the final exam
  - **Evaluation:** Formative evaluation – group activity, assignment& presentation. Conduct of final examinations online, MCQ test for 50 marks Examination for 'Paediatric Oral Health Care Nursing' will be conducted by Adichunchanagiri College of Nursing.
  - **Criteria for the pass:** Minimum 50% marks.
  - **Award of Certificate :** Candidates will be awarded by Adichunchanagiri College of Nursing



S.L NO	Hours	Specific objectives	Name of the unit	Method of teaching
1	5	Describe dental structures, anatomy and physiology	Dental structures, anatomy and physiology Describe: <ul style="list-style-type: none"> <li>➤ the structure and function of relevant aspects of dental anatomy which will help the dental nurse/the team communicate and deliver oral health messages</li> <li>• Growth, development and function of dentition</li> <li>• Eruption dates</li> <li>➤ The periodontium</li> <li>➤ Saliva</li> </ul>	
2	5	Explain the etiology, pathogenesis and treatment of oral disease and their relevance to Oral Health	The etiology, pathogenesis and treatment of oral disease and their relevance to Oral Health including: <ul style="list-style-type: none"> <li>• Plaque &amp; Calculus</li> <li>• Caries</li> <li>• Non-carious tooth surface loss</li> <li>• Periodontal disease – Gingivitis, Periodontitis, AUG</li> <li>• Candidiasis</li> <li>• Angular Cheilitis</li> <li>• Oral pathology</li> </ul>	
3	5	Discuss general and systemic disease and its relevance to oral health	General and systemic disease and its relevance to oral health including: <ul style="list-style-type: none"> <li>• Dietary deficiency</li> <li>• Intrinsic staining</li> <li>• Diabetes and periodontal disease</li> <li>• Gastrointestinal Disorders and Erosion</li> <li>• Obesity and Dental Caries</li> <li>• Other diseases of relevance to oral health</li> </ul>	

Reference :-

1. [www.nebdn.org](http://www.nebdn.org)
2. [www.dentalnursingacademy.com](http://www.dentalnursingacademy.com)
3. National examining board for dental nursing
4. Mosby's text book of dental nursing

# Department of Mental Health Nursing

## Topic : Psychiatric Rehabilitation

### Introduction to course

Psychiatric Rehabilitation, discusses interventions to help individuals with mental illness improve the quality of their life, achieve goals, and increase opportunities for community integration so they can lead full and productive lives. The Nurse emphasizes strengths, skill development, and the attainment of valued social roles.

**Placement of course:** III-year B. Sc Nursing

**Preamble:** The value-added course of Psychiatric Rehabilitation in nursing is offered by Adichunchanagiri College of Nursing. The overall aim of this course is to focus on helping the person return to an optimal level of functioning and to achieve their life goals by providing nursing care, psychological, social input and improve the quality of life.

**Scope of Disaster Nursing Management:** Nurses assume multiple roles with different populations. Personal care, activities of daily living, short- and long-term health, social and independence difficulties, emotional support, and educating the patient and family are all part of the responsibilities of rehabilitation psychiatric nurses.

They provide holistic, person-centered care that addresses not only the symptoms of mental illness but also the underlying psychological, social, and environmental factors that contribute to it.

**Career opportunities:** After completion of course, the students can work at any psychiatric hospitals, Rehabilitation Centers, De-addiction centers, halfway home centers, child guidance clinic.

**Course objectives:** This course is designed to prepare the students in expertise and in-depth understanding in the field of psychiatric Rehabilitation and services. It would help students to develop positive attitude towards society and encourage the application of mental health knowledge use of mental health technology and develop skill in providing comprehensive care to various kinds of psychiatric patients.

**On completion of this course student will be able to:**

- Rebuilding social connectedness to family and community.
- Finding a new valued role within the community.
- Learning to understand and self-manage physical and mental health conditions to the best of the person's ability.

- Attendance requirement: A candidate must have 80% attendance to appear for the final exam.
- Evaluation: Formative evaluation – group activity, assignment& presentation. Conduct of final examinations online, MCQ test for 50 marks will be conducted by Adichunchanagiri College of Nursing.
- Criteria for the pass: Minimum 50% marks.
- Award of Certificate: Candidates will be awarded by Adichunchanagiri College of Nursing.
- Duration of the course:5+ 1 weeks

Theory – 15 Hrs.

Sr No.	Hours	Unit No.	Name of the unit
1.	03	Unit I	<b>Psychiatric Rehabilitation</b> <ul style="list-style-type: none"> <li>• Introduction</li> <li>• Definition</li> <li>• Principles</li> <li>• Approaches to psychiatric rehabilitation</li> <li>• Types of Rehabilitation</li> <li>• Rehabilitation Team</li> </ul>
2.	06	Unit II	<b>Steps involved in psychiatric rehabilitation</b> <ul style="list-style-type: none"> <li>• Assessment <ul style="list-style-type: none"> <li>• The Individual</li> <li>• The Family</li> <li>• The Community</li> </ul> </li> <li>• Planning and implementation <ul style="list-style-type: none"> <li>• The Individual</li> <li>• The Family The Community</li> </ul> </li> <li>• Evaluation</li> <li>• Patient evaluation</li> <li>• Program evaluation</li> </ul>
3.	06	Unit III	<ul style="list-style-type: none"> <li>• Vocational Rehabilitation</li> <li>• Rehabilitation Services Available in India</li> </ul>

## REFERENCES:

1. R. Sreevani A Guide to Mental Health and Psychiatric Nursing.
2. Prakash Text Book of Mental Health and Psychiatric Nursing.
3. Carlos W, A text book of psychiatric Rehabilitation
4. Elsevier, A Text book of Psychiatric Rehabilitation.