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ADICHUNCHANAGIRI COLLEGE OF NURSING



ADICHUNCHANAGIRI  
UNIVERSITY

**VALUE ADDED  
COURSES**

**2018-2019**

॥ जेवो इगो ह्युपपदेह ॥



ADICHUNCHANAGIRI  
UNIVERSITY



Adichunchanagiri  
College of Nursing

'सा विद्या या विमुक्तये' | "sā vidyā yā vimuktaye"

Knowledge or Vidya  
gives Power, Pleasure & Honor.

Both Science and Spirituality enrich us  
with knowledge, which is superior  
& lead us to liberation.

Liberation from Physical, Mental & External  
Bonds is attained through the control of  
external nature with the help of science;  
while liberation from Internal Bonds is  
attained through Ethics and Religion.

Sā vidyā yā vimuktaye  
that which liberates is knowledge



Adichunchanagiri  
College of Nursing

## Vision

Achieve excellence by fostering value-based education to develop competent nurses and leaders with a global outlook.

## Mission

- Provide high quality nursing education with a broad theoretical base and diverse clinical experience that enhances the individual to become a good nurse in professional practice.
- Advance health care through excellence in nursing and inter disciplinary teaching, research, practice and service.

## Programme Educational Objectives

- To apply knowledge and critical thinking skills and ethical principles in evidence-based nursing practice.
- To prepare competent nursing professionals with human values to provide quality nursing care globally.
- To demonstrate effective communication, leadership and decision-making abilities and Managerial skills in providing quality nursing care in various health care settings.
- To practice promotive, preventive, curative and restorative health care services adhering to ethical values.
- To demonstrate a comprehensive and advanced understanding of nursing practice's core issues and knowledge bases.

## Overview of ACU

The University is situated in a Lush Green Unitary Campus of 67 acres at B.G. Nagara, Nagamangala Tq., Mandya District, Karnataka on the Bangalore – Mangalore National Highway No. 75, [105 Kms from Bangalore, the Capital City of Karnataka].

The University consists of Nine Constituent colleges in the disciplines of Medicine, Pharmacy, Nursing, Engineering, Management, Commerce and Education. The environment-friendly campus has adequate infrastructure and physical facilities for Academics and Research. The campus possesses around 5000+ students, 400+ teachers and 1800+ support staff.

The University employs a broad range of strategies to achieve its Vision, Mission and Objectives to expand the horizon of World Knowledge, provide instruction, Teaching-Learning, Training, Research and Development at the level of Higher Education in the faculties of Health Sciences, Engineering and Technology, Management and Technology, Humanities & Social Sciences and other Emerging and Thrust areas.

## Constituent Units



ADICHUNCHANAGIRI  
UNIVERSITY

- ◆ Adichunchanagiri Institute of Medical Sciences
- ◆ Sri Adichunchanagiri College of Pharmacy
- ◆ Adichunchanagiri College of Nursing
- ◆ BGS Institute of Technology
- ◆ BGS College of Education
- ◆ BGS First Grade College

## Vision

Education for all with Value Systems of Empathy, Enrichment, Equity, Excellence, Empowerment, Entrepreneurship & Enlightenment to Serve the Society

## Mission

- Education to all for Self-Reliance, Socio-Economic Change to develop an Inclusive Society with Shared Opportunities & Responsibilities
- Empathy towards the Less Fortunate, the Sick, the Suffering & the Disabled
- Enrichment to acquire Abundant Knowledge, Requisite Skills & Appropriate Attitude
- Excellence for Quality Assurance, Enhancement & Sustenance in Academics & Research to produce Graduates of Global Standards
- Equity for Fairness & Social Justice by providing Equal Opportunities
- Empowerment of Graduates to become Intuitive, Innovative & Inventive
- Entrepreneurship is a concept or idea involving the product or service to be delivered, or a new technology to be developed
- Enlightenment to attain Wisdom & Virtues in Life to think beyond Self





## Overview of ACN

Adichunchanagiri College of Nursing (ACN) was started in the year 1995 with the fore sight and vision of His Holiness Sri Sri Sri Dr. Balagangadharanatha Mahaswamiji to prepare professional nurses in order to improve standards of nursing service through quality education. It is affiliated under Adichunchanagiri University (ACU). B G Nagara (Formerly with Rajiv Gandhi University of Health Sciences, Karnataka till 2018).

With the divine leadership and blessings of Sri Sri Sri Dr. Nirmalanandanatha Mahaswamiji, the honourable chancellor of ACU. We have grown to be one among the largest nursing institution in the country and the best in the state of Karnataka, by providing value-based education in the last 27 years. The college has recognition from both apex bodies, Karnataka Nursing Council & Indian Nursing Council.

College comprises highly qualified and competent teachers, good physical infrastructure, Library facilities and most importantly students get opportunity for clinical learning in parent teaching hospital including multispecialty hospital with 1150 beds.

Nursing students do have benefit of contributions from interdisciplinary teaching faculty and ample opportunity for extra- curricular activities as university has excellent facilities for the same. We are proud to say that all our alumni's are on job in various hospitals and nursing institutes within Karnataka state and surrounding states and also various countries.



# Programmes Offered

## Diploma in Nursing

**GNM (General Nursing and Midwifery)**

Duration: 03 Years

Eligibility: PUC/10+2 Pass

## Bachelor in Nursing

**B. Sc Nursing**

Duration: 04 Years

Eligibility: PUC/10+2 Pass in Science (PCMB only)

**Post Basic B. Sc Nursing**

Duration: 02 Years

Eligibility: GNM Pass

## Master of Nursing

**M. Sc Nursing**

- » Community Health Nursing
- » Medical Surgical Nursing
- » OBG Nursing
- » Child Health (Paediatric) Nursing
- » Mental Health (Psychiatric) Nursing

Duration: 02 Years

Eligibility: B. Sc Nursing or Post Basic B. Sc Nursing Pass

## **Course Title :**

### **Importance of Value-Added Courses**

**Course Description :** This course aims to provide students with an understanding of the significance of value-added courses in their academic and professional development. Students will explore various types of value-added courses, their benefits, and how to choose the most suitable ones for their career goals.

**Course Duration :** 15 hours

#### **Course Objectives :**

By the end of this course, students should be able to:

- Define what value-added courses are and why they are important.
- Identify different types of value-added courses available.
- Evaluate the benefits of value-added courses for personal and professional growth.
- Analyze how value-added courses align with their career goals.
- Select and plan a value-added course suitable for their academic and professional aspirations.
- Understand the role of continuous learning and skill development in the modern job market.



# Course Schedule:

## **Chapter-1** Introduction to Value-Added Courses

Definition and concept of value-added courses

Historical context and evolution

Importance in the current education landscape

## **Chapter 2:** Types of Value-Added Courses

Academic vs. skill-based courses

Short-term vs. long-term courses

Industry-specific vs. general courses

## **Chapter 3:** Benefits of Value-Added Courses

Skill development and enhancement

Competitive advantage in the job market

Personal growth and confidence building

## **Chapter 4:** Aligning Value-Added Courses with Career Goals

Self-assessment of strengths and weaknesses

Identifying career aspirations and goals

Mapping relevant courses to career paths

## **Chapter 5:** Choosing the Right Value-Added Course

Researching course options

Evaluating course content and providers

Considering financial and time constraints

## **Chapter 6:** Planning and Preparing for a Value-Added Course

Creating a study schedule

Gathering necessary resources

Setting achievable goals

## **Chapter 7:** Case Studies and Success Stories

Real-world examples of individuals who benefited from value-added courses

Insights from professionals who have taken value-added courses

## **Chapter 8:** Continuous Learning and Skill Development

The importance of lifelong learning

Strategies for maintaining and updating acquired skills

Staying competitive in a dynamic job market

## **Chapter 9:** Presentations and Peer Review

Students present their chosen value-added course plans

Peer feedback and discussion

## **Chapter 10:** Course Reflection and Future Planning

Reflecting on the course experience

Setting future learning and career development goals

Action plans for immediate implementation