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ADICHUNCHANAGIRI
UNIVERSITY

FACULTY OF NURSING
ADICHUNCHANAGIRI COLLEGE
OF NURSING



NEWS LETTER

FEBRUARY 2026
IMPRESSION
OF ACN

Adichunchanagiri College of Nursing was established in 1995 following the introduction of a Diploma in Nursing Course in 1991. The Basic B.Sc. (Nursing) program commenced in 1995. The P.B.B.Sc. Nursing program began in 2008, and the M.Sc. (Nursing) in Community Health Nursing was introduced in 2011. Additional M.Sc. Nursing specializations were introduced in 2015. To address the growing need for nursing graduates in hospitals, educational institutions, clinics, and industrial nursing, a PhD program was initiated in the 2019-2020 academic year. With immense pride, Shushrushavani, the monthly newsletter of the Adichunchanagiri College and Institute of Nursing, serves as a dynamic platform to showcase our academic achievements, institutional milestones, and the ever-changing realm of nursing education and healthcare practices.

Each issue of Shushrushavani provides a carefully selected overview of the vibrant academic, clinical, and research activities undertaken by the students, faculty, and scholars. From advancements in curriculum and clinical skills to community outreach efforts aligned with the Sustainable Development Goals (SDGs) and inter-professional partnerships, the newsletter embodies our ongoing growth and dedication to providing compassionate care.

As we face the challenges and seize the opportunities in modern nursing education, Shushrushavani transcends being merely a publication; it becomes a living record of our collective vision for professional excellence, ethical practice, and comprehensive healthcare delivery.

I commend the editorial team for their commitment to accuracy, creativity, and relevance in each issue. I warmly encourage all readers to engage with Shushrushavani as a reflection of our shared journey toward academic distinction, clinical excellence and significant societal impact.

EDUCATIONAL VISIT TO OLD AGE HOME

The Department of Community Health Nursing organized an educational visit to Kamadhenu Old Age Home on 06 February 2026 for V Semester B.Sc. Nursing students. During the visit, students interacted with elderly residents, observed facilities, and learned about their health and social needs. The experience helped students connect theoretical knowledge of geriatric and community health nursing with practical exposure. It also promoted empathy, communication skills, and awareness of holistic care for the elderly.



EDUCATIONAL VISIT TO MILK DAIRY

The Department of Community Health Nursing organized an educational visit to Milk Dairy for V Semester B.Sc. Nursing students on 06 February 2026. During the visit, students learned about milk collection, processing, quality control, and distribution, along with the nutritional importance of dairy products. The exposure enhanced their understanding of food hygiene, safety standards, and the role of milk in community health. It also helped students relate theoretical knowledge of nutrition and public health with practical field experience.



KALOTSAV – 2026

Kalotsav-2026 was organized by the Adichunchanagiri College of Nursing at Sri Kshetra, Adichunchanagiri Math, under the divine presence of Sri Sri Sri Dr. Nirmalanandanatha Mahaswamiji, Honourable Chancellor of Adichunchanagiri University. The event aimed to encourage students to exhibit their talents, creativity, and intellectual abilities through various cultural and literary competitions.

The competitions were conducted on 9 February 2026 and included essay writing, pick and speak, pencil drawing, and debate. These activities provided a platform for students to express their ideas, develop communication skills, and enhance their creativity.

Kalotsav-2026 was formally inaugurated on 9 February 2026 at 11:30 a.m. by Sri Sri Sri Dr. Nirmalanandanatha Mahaswamiji, Honourable Chancellor of Adichunchanagiri University. The inauguration ceremony was held in the presence of Sri Sri Prasannanatha Swamiji, Honourable Vice-Chancellor Dr. S. N. Sridhara, and other distinguished dignitaries. A total of 250 students from various SAST and ACU constituent colleges participated in the event.

The competitions successfully fostered confidence, critical thinking, and healthy competition among the participants. The winners were awarded mementos and certificates on 10 February 2026 during the valedictory function of Kreedotsav 2026.

Overall, Kalotsav-2026 was conducted successfully and contributed to the holistic development of students. The event also aligned with the Sustainable Development Goals (SDGs), particularly SDG 4 – Quality Education and SDG 3 – Good Health and Well-being, by promoting educational growth, creativity, and student well-being.



NATIONAL DEWORMING DAY

The Department of Child Health Nursing, Adichunchanagiri College of Nursing, organized National Deworming Day on 12 February 2026 at the Paediatric OPD to promote awareness about intestinal worm infections among children. The programme focused on improving children's nutrition, growth, and learning ability through deworming with Albendazole. It also highlighted the importance of hygiene and sanitation in preventing infections. The initiative contributed to better child health, reduced illness, and improved school participation.

Faculty of Nursing
Adichunchanagiri College of Nursing

NATIONAL DEWORMING DAY

PROGRAMME COORDINATOR

Mrs. Arathi T V
Professor,
HOD of Child Health Nursing

Mrs. Shilpa P M
Associate Professor,
Department of Child Health Nursing

DATE: 12/02/2026
TIME: 10:30 AM
VENUE: AH & RC

STOP INFECTION



ONE-DAY EDUCATIONAL VISIT TO VANI VILAS WATER SUPPLY AND TREATMENT PLANT

The Department of Community Health Nursing organized an educational visit to the Vani Vilas Water Supply and Treatment Plant for V Semester B.Sc. Nursing students on 12 February 2026. Students learned about the history, functioning, and various stages of water purification and safe water supply. The visit enhanced their understanding of the role of clean water in disease prevention and community health. It also helped them connect theoretical knowledge with practical public health practices.



EDUCATIONAL VISIT TO THE SEWAGE TREATMENT PLANT

The Department of Community Health Nursing organized an educational visit to the Sewage Treatment Plant for V Semester B.Sc. Nursing students on 12 February 2026. Students learned about the processes of sewage treatment, purification, and recycling, and its importance in environmental sanitation. The visit helped them understand the role of proper waste management in preventing waterborne diseases and protecting community health. It also strengthened their practical knowledge of environmental health and public health nursing.



WORLD ANEMIA AWARENESS DAY

Adichunchanagiri College of Nursing organized World Anemia Awareness Day on 13 February 2026 at the ANC & PNC ward of Adichunchanagiri Hospital and Research Centre to educate antenatal and postnatal mothers about anemia prevention. Students conducted sessions on symptoms, myths and facts, treatment, and dietary management of anemia. The programme improved awareness about regular hemoglobin screening and the importance of an iron-rich diet and supplements. It aimed to promote better maternal health and nutrition in line with SDG 2 and SDG 3.



VIJNATHAM NRITYOTSAVA – 2026

Vijnatham Nrityotsava – 2026, a prestigious cultural dance festival, was grandly organized by Sri Adichunchanagiri Mahasamsthana Math on 19th February 2026. The vibrant celebration of dance served as a platform to showcase and honour the rich diversity of classical, folk, and dance traditions, for promoting India's rich cultural heritage. From Adichunchanagiri College of Nursing, in 7th semester, 11 students actively participated in the event with the theme "Bhootha Aradhane". The students displayed remarkable talent, enthusiasm, and dedication, presenting a cultural richness and artistic expression.



VIJNATHAM UTSAV 2026

The institution actively participated in Vijnatham Utsav 2026 held on 19–20 February 2026 at Sri Adichunchanagiri Mahasamsthana Math. Students presented innovative models on themes such as science and spirituality, health and well-being, and environmental sustainability. The event encouraged creative thinking, teamwork, and effective communication while raising awareness about societal and environmental issues. Overall, it provided a valuable platform for students to showcase their knowledge and develop a scientific and socially responsible outlook.

